

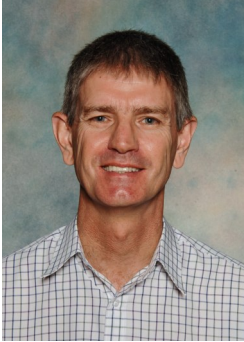
NETWORK

CHERRYBROOK TECHNOLOGY HIGH SCHOOL

Term 3

Week 9A

12 September 2014



DEPUTY PRINCIPAL'S REPORT

Damage to the School

Last Monday evening, the school was subject to a malicious damage attack. This included a large amount of graffiti, broken windows and an art room being vandalised. The police apprehended persons of interest on the night and this is now subject to an ongoing investigation. Thank you to members of the wider community, who have offered their support to the school after this extremely disappointing event.

Year 9 Resilience Program

The annual Resilience Programs for students in Year 9 were held this week. On Tuesday, all Year 9 boys were involved in a *Secret Blokes Business* seminar, while the Year 9 girls participated in two sessions called *Back-Off*, on Tuesday and Thursday. Such programs are very valuable to improve communication and understanding between students, as well as improving their resilience skills. Thank you to Head Teacher Student Programs (Relieving), Mr Fitzgerald, for his organisation of this most valuable activity.

Year 12 Reports

Following the recent completion of the AP4 exams by students in Year 12, their last academic reports have been written and posted home this week. The reports will also be available on the parent portal. You will be able to access them using the portal up until the end of this year. Please ensure you download a copy for your records as a fee will be incurred should you need a copy in the future.

These reports will be the last Year 12 students will receive from Cherrybrook Technology High School and will be most valuable for future scholarships, TAFE and employment applications. All students should be aware of the value employers and tertiary education institutions place on teacher comments, attendance rates and marks/ranks which appear on school academic reports. It is in a student's best interests to attempt to improve their reports each year in order to maximise their future employment and educational options.

Year 12 End-of-Term

Year 12 students are coming to the end of their school career. Many celebrations are being organised, both formal and informal, over the coming weeks and it is important students are aware of their responsibilities regarding behaviour. Students have been informed of these during recent meetings.

The Principal has also written to all parents, detailing Cherrybrook Technology High School's expectations, as well as the timing and costs of various events and official school functions involving Year 12 students. Any parent who **did not** receive a copy of this letter should contact Mrs Navarro. In short, the school expects the conduct of every Year 12 student to be sensible and responsible.

There is **no 'muck-up'** at Cherrybrook Technology High School, however, we encourage and support celebrations which are organised, fun and represent the values of the school and our community. I would ask Year 12 parents to discuss with their sons and daughters any anticipated out-of-school activities and ensure these are conducted in a safe and thoughtful manner. Any parents/students who are holding private parties are encouraged to register their party with the local police, which allows them to patrol the area and be ready to respond should problems arise.

On Wednesday 17 September, all Year 12 students are having their picnic day at Fagan Park in Galston and a fun day of dress-ups, games and a BBQ lunch is planned. At the moment the weather forecast on the day is for showers and, in the event of a cancellation, students will be able to attend tutorials at the school. The BBQ lunch will still be provided for Year 12, but as it is a school day, school uniform will be required. Updates will be provided on the school website www.cherrybrok-h.schools.nsw.edu.au

Year 11 Students

A reminder to all Year 11 students, regular classes resume next Monday, 15 September 2014.

Mr Anderson

Mrs Weal's Last Network Article

I have just finished the report I have written on the Stage 5 Drama Evening and realised this was the second last report I would be making in *Network*.

This report is my last. I have been successful in gaining a Principal's position, but as you can imagine, it has to be a very special role to take anyone away from Cherrybrook Technology High School. I have been appointed Principal of The Ponds High School, a brand new school which has nothing; no logo, no uniform, no staff (except for me)...literally nothing except buildings which are not yet completed...and I can't even move in until November this year. Although I start day one Term 4 (located at a partner primary school) I have a finite time to establish a school before Orientation Day on Wednesday 3 December 2014. The Ponds will start with Year 7 only in 2015, and it is capped at 180 students. This is only half of our current Year 12 and, while this seems simple, there are so many things to consider.

Everyone asks me for my vision for the school and I am unwavering that if I can replicate Mr Johnson's model I will achieve excellence. This includes the academic domains, an exceptional creative and performing arts platform, a supportive and developmental sports program, a world class languages program, leadership and rewards extraordinaire as well as an effective system to support students who struggle with traditional school demands. To all parents, you are lucky to be a part of a school which values learning and commitment in so many ways.

I would like to thank everyone for making my time here so memorable. I will miss the school and community, and especially some families who I have worked with very closely. I wish you all success in the future and sincerely thank Mr Johnson, the executive team and all other staff for all the support and opportunities I have been given here.

Mrs Weal

Mental Health and Adolescents

Last week I was fortunate to be able to attend the annual CHERI Conference. This is a joint conference which has health care professionals and educators joining to share information of interest to those of us who work with teenagers. This year the focus was on developing strategies for improving students' motivation and behaviour. The conference was extremely beneficial and presented a great deal of information about how to help students cope with mental illnesses. This will be shared with the staff at one of the development days at the end of Term 4.

I would like to share some recommended resources for parents to consider. These were presented at the conference as being beneficial for those families who are struggling with teenagers who are suffering from depression, anxiety and other mental health issues.

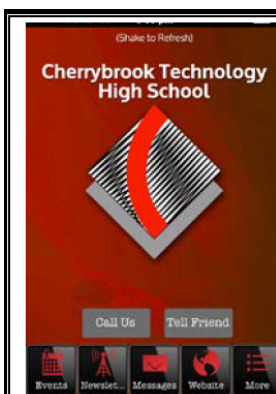
A mobile phone app, *DBT*, is a self-help tool which helps children manage overwhelming emotions, breaks destructive impulsive behaviours and helps navigate relationships and cultivates mindfulness. This is available for \$6.49. Please read the reviews on this app before purchasing and if your child is seeking help already from a psychologist, check with them. The presenter felt these e-health platforms were ones which support students in a way they are familiar with.

Other useful resources include:

- The Black Dog Institute, which promotes a site called *e couch*
- Professor Andrew Martin's site www.lifelongachievements.com has a wealth of professional readings about motivation and engagement which may be of interest. He has also written a book, *How to Motive Your Child from School and Beyond*
- www.reachout.com is another excellent source of information on mental health issues.

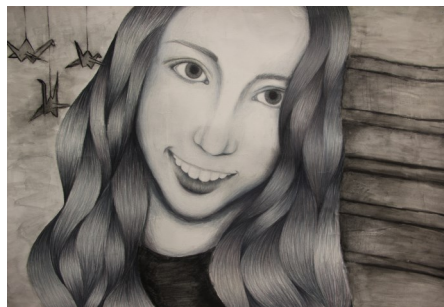
The statistics relating to mental health and adolescents are alarming and we need to work as a community to ensure better support is in place for those in need.

Mrs Bevan



Cherrybrook Technology High School App

Go to the App Store or Google Play and search for "Cherrybrook Technology High School" to download this free app. This will provide you with school information, maps, dates of upcoming events and much more, even when you are on the go. By enabling push notifications you will receive important information instantly.



Year 8 Artworks

Year 8 Artworks

Congratulations to the Year 8 visual art students who have been embarking on a variety of different materials from printmaking and drawing to sculpture and ceramics. The corridors of the art block are bursting with vibrance and colour with many students' work displayed. Enjoy the photos of their drawn 'selfies' from their bedrooms, papier mache figures which were influenced by Gothic architecture and lino prints that are reflective of their likes and interests in text.

Mrs Donoghue, HT CAPA

Stage 5 Drama Performance Evening

On Wednesday night I had the pleasure of attending the Stage 5 Drama Performance Evening. This was the first time Year 9 has showcased their classroom experiences for such an audience and it was an excellent learning experience for all students involved. It was great to see the curriculum in action as students presented items on Soap Opera, Vaudeville as well as one Drill Routine.

The *Soap Opera* routines included *The High School*, *The Doctor's Surgery*, *The Victorian* and *The Wartime Context*. There were some magnificent individual and group performances, which concentrated on skills and content developed in Stage 5 drama courses. *The Victorian Soap Opera* was a clever manipulation of 'the butler did it' which also incorporated many aspects of Soap Opera. The individual performances of Lizzy West, in *The High School Soap Opera*, and Liam Brown, in *The Doctor's Surgery Soap Opera*, were personal highlights for me.

Another act was called *The Wedding Cake* which drew on stock characters in a wedding scenario and made existential comments on love and relationships in modern society. This group worked particularly well to convey their message.

Three groups presented the characters of Vaudeville, a quasi-slapstick representation of a commentator, or ringleader, desperate for his/her failing show to succeed, despite the fact they lacked quality performers to make it successful. If this sounds absurd and funny that is correct, it was. Personally, I enjoyed the concept of the puppet master, which concluded with the puppet controlling the Vaudeville act. I was drawn to the performances of Emily Shakespear, Rachel Yong and Carina Nel and, while these performers are personally mentioned, the whole group dynamics was very entertaining.

There were also some smaller groups with one enacting the relatable frustration of being at the RTA with a 'legit' issue that no one is interested in. In this act, both characters played their roles beautifully, but Haris Mirza infused the audience with his frustration like a seasoned performer. Another group performed *Sweet and Sour* which cleverly juxtaposed the wants and needs of the rich and poor, a pertinent topic for audiences today.

My favourite performance of the night was the Drill Routine, titled *Whisks*. Timing, length, musicality, or lack there of (which was the point) and movement, were the essence of this composition which had the audience in stitches as the group formed a whole routine around using a whisk in the kitchen. Congratulations to Luke Ede, Emily Shakespear, Aqeel Khan and Andre Zainal for this fantastic performance.

Thank you to Ms Cannon and her support team, for her effort in nurturing and guiding the dramatic talent at Cherrybrook Technology High School.

Mrs Weal

CLOTHING POOL

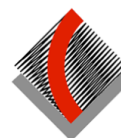
CHERRYBROOK TECHNOLOGY HIGH SCHOOL UNIFORMS

If you would like to purchase second-hand Cherrybrook Technology High School uniforms, First Cherrybrook Scout Group operates a clothing pool for your convenience.

First Cherrybrook Scout Group clothing pool operates through the kind donations of Cherrybrook Technology High School families. All donations of CTHS uniforms will be happily accepted. Please contact Anthony on 0427 661 689 to arrange a drop-off.



Opening Times:
First Thursday of each month
during school terms
between **6:15pm & 7pm**
First Cherrybrook Scout Hall
Appletree Drive, Cherrybrook



FIRST AID

Please note Cherrybrook Technology High School does not have any medical practitioners on the premises. We provide first aid assistance to students who are unwell or injured. **Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.**



Stage 5 Drama
Performance Evening

Maddy Duffy's Memorial

On Monday we unveiled a memorial to Maddy Duffy, who sadly passed away in April this year. The service at lunchtime was well attended by students and teachers. Maddy's mother, Maree, father, Gary, and sister, Bridget, were also in attendance. The service began with a memorable speech by Mr Murphy who spoke about how Maddy's personality had shone through despite her disability. He also read from Psalm 23.

Emily Canty then shared her recollections of Maddy, including some of her favourite things - the colour pink, butterflies and a Tim Tam crusher. Emily also talked about Maddy's big personality and how she connected with all her classmates through her smile.

Bridget Duffy thanked everyone in the school for taking Maddy into their hearts and accepting her. Bridget hopes Maddy's memory will live on with all her classmates as they move into the next phase of their lives.

I also had an opportunity to speak. I was very close to Maddy and I spoke to everyone about how happy she always was. The way Maddy lived her life, always with a smile on her face, is a message to all of us to appreciate what we have and to enjoy whatever moments of happiness we can.

Maddy's memorial is a plaque set on a piece of polished sandstone with a camellia planted behind. The camellia will grow and produce bright pink flowers in memory of Maddy and her love of the colour pink. The plaque was made by Mrs Henry and Mr Maynard and turned out beautifully. It has a picture of Maddy embossed on it so we can continue to see her smiling face. The sandstone we set the plaque on was kindly donated by the Sarkis Brothers (Gosford Quarries) and we thank them very much for their thoughtfulness.

We are so grateful to the students and teachers who attended the memorial and reflected on the beautiful soul Maddy was and the happiness she brought us all. A special mention needs to go to our GA's, Mr Burroughs and Mr De Matos, who assisted with the construction of the memorial. Thanks to everyone who attended.

Ms Deadman

*Maddy Duffy's
Memorial Service*



Years 9 and 10 Theatrical Show: The Maths Olympics

The Maths Olympics Show, coming to CTHS in Week 1 next term, inspires students by combining energetic stand-up comedy with mathematics.

Simon Pampera is the Australian Numeracy Ambassador. He designed and performs The Maths Olympics both to celebrate maths and to show people who dislike maths, which is many of us, that maths can be fun, engaging and powerful. It is a privilege to have Simon, who has made numerous TV appearances and travelled all over the world promoting maths, come to our school (personally) to run this show.

All Year 9 and 10 students are expected to attend The Maths Olympics Show, which will take place in the MPC on Thursday 9 October. Permission notes (with payment information) were distributed this week and are due back by Friday 19 September. We look forward to hosting Simon and enabling students to experience a whole new positive perspective on mathematics!

Mr Woo, Head Teacher Mathematics



Cherrybrook Technology High School

Achieving Together

Dear Parent/Guardian,

In weeks 3 and 4, Term 4, 2014, all Year 8 students will be involved in the compulsory Lifesaving Program as part of their PDHPE syllabus, from the NSW Board of Studies.

There are six courses from which the students can choose. The courses offered enable all students to select a course that is both challenging and suited to their ability levels. All courses include a first aid theory component and resuscitation training and assessment.

More specific information about each course is available to students on the school website (under curriculum, Stage 4, PDHPE and a link to Lifesaving) or the sports noticeboard, located near the PE office. Students are also encouraged to talk to their PDHPE teacher or contact the PE office if they have any questions.

The courses will be instructed by selected Stage 5 students, as well as qualified teachers. Assessment will be made by teachers and representatives from the Royal Life Saving Association.

The courses offered are:

1. Learn to swim

This course is designed for non swimmers. It aims to increase their confidence in the water, water safety, swimming and survival abilities.

2. Water Wise

This course aims to provide the learner with confidence in safety and survival abilities, including basic techniques of clothed survival swimming, and to extend the basic swimming skills and personal fitness for survival. Assessment includes a written test, 50m continuous swim using basic stroke techniques, as well as survival and rescue components.

3. Junior Swim and Survive

This course aims to provide the learner with safety and survival abilities, including basic techniques of clothed survival swimming, and to extend the range of swimming skills and personal fitness for survival. Assessment includes a written test, 100m continuous swim using correct and efficient stroke techniques, as well as survival and rescue components.

4. Swim and Survive

This course aims to develop a high level of swimming skills, endurance, knowledge of safety and personal survival abilities. Assessment includes a written test, 200m continuous swim using correct and efficient stroke techniques, a variety of pool entries and dives, as well as survival and rescue components.

5. Bronze Star

This course aims to develop skills and knowledge of safe water rescue and survival. Assessment includes a written test, 300m continuous swim using correct and efficient stroke techniques, six different rescue techniques (including tow), underwater search, a variety of pool entries and dives, as well as survival and rescue components.

6. Bronze Medallion

This is the highest lifesaving award offered; all students must be 14 in order to achieve this award. The course aims to develop a level of knowledge, judgement, technique and physical ability required to carry out safe water rescue. Assessment includes a written test, 400m continuous swim using correct and efficient stroke techniques, six different rescue techniques (including defensive techniques and spinal rescue), search and rescue, a timed tow, as well as survival and rescue components.

Students will receive more information about these courses in their PDHPE lessons. In Week 10, Term 3, all students will be required to sign up for one of these courses. We ask for your assistance in discussing these options with your child to ensure they select the course that best suits their needs and abilities, keeping in mind that the Assessment of each course will take place at the end of the week.

The exact costs are still being confirmed. The approximate costs are around \$60.

Yours faithfully

Mrs Flowers, Mrs Moloney and Mr Fitzgerald, Lifesaving Coordinators

Year 9 Back-Off and Secret Blokes Business

As part of Cherrybrook Technology High School's welfare initiatives, we conducted two courses for all Year 9 - *Back-Off* for the girls and *Secret Blokes Business* for the boys.

The girls' program aims to develop confidence and the ability to assess and deal effectively with both unsafe and violent situations. It was not a self-defence class, but an awareness program. The topics included, offender psychology, negative role models, delayed reactions, sexual harassment and assertiveness.

The boys' program is designed specifically to address issues confronting young men of today. The three key elements included, taking responsibility for yourself, self-discipline and life is about choice and respect. It was based on creating power through knowledge.

Both seminars were conducted by Brent Sanders from *Winning Edge Strategies*, a company which has been operating very successfully in our school and a number of NSW high schools, for many years. Boys and girls from Year 9 must be commended for their excellent behaviour on Tuesday and Thursday of this week. Students from both groups commented on how much they learned, as well as how engaging Brent was during the session.

Mr Fitzgerald, HT Student Programs (Relieving)



Get Your Moater Running

Year 8 History students are currently studying castles, particularly those built by William the Conqueror, which is in keeping with their latest topic, Medieval Europe. William the Conqueror believed building castles helped him to control a country and he encouraged his Norman Lords to build hundreds of *motte and bailey* castles, made of timber and earth.

Miss Kerr's 8N and 8L students have built their own castles reflecting those of medieval times. They were allowed to add three modern features to their construction and students used cardboard, Lego and even food to make their castles. All students enjoyed this activity and the presentations of their designs indicated they had a good understanding of the structure of medieval castles.

Miss Kerr



WEEKLY SPORTS REPORT

The following students placed at the CHS Athletics Carnival:

Age	Boys	Event	Place
12	Matthew Rose	80m Hurdles Discus	Third First
16	Declan Pluim	High jump	First
16	Alex Nguyen-Ha	Long Jump Triple Jump	First Third

Age	Girls	Event	Place
13	Kate Collett	Discus Shot put	Second Second
14	Eliza Woollett	400m 800m	First Third
15	Courtney Cattell	200m Hurdles Triple Jump	Second First
16	Emily Jones	High Jump	Equal Third
17+	Georgia Winkcup	3,000m	Second

Congratulations to...

- The Year 9/10 netball team who participated at the Sydney North Gala Day on Wednesday 10 September. After playing eight games, the team came equal fifth out of 20 teams.

Upcoming Events

- Year 8 Gala Day on Friday 19 September at Greenway Oval. All classes get ready to verse each other in a fun day of sport.

Sport Quote: *"The Harder I trained the luckier I got"* - Gary Player (Golfer)

Zoe Anstee and Chloe James, Sports Promotion officers



Combined High Schools Athletics Carnival

Congratulations to all competitors who competed at the Combined High Schools Athletics Carnival on 4 and 5 September. It was an outstanding carnival for Cherrybrook Technology High School as we ended up as the Champion School - non-sport, non-selective high school.

Cherrybrook Technology High School came first out of all the non-sport, non-selective high schools. Congratulations to all competitors for helping to win this carnival.

Grade Sport Results Round 2 Opposition Galston

Event	Result
<i>Boys</i>	
Opens Basketball A	Won
Opens Basketball B	Won
Basketball 9/10	Lost
Cricket A	DNP
Frisbee A	Won
Frisbee B	Won
Handball A	Won
Handball B	Won
League 7's 16/17's	Lost
League 7's 14/15's	Lost
Speedway A	Won
Futsal Open A	Lost
Futsal open B	Lost
Futsal 15's A	Won
Futsal 15's B	Lost
<i>Girls</i>	
Basketball A	Won
Netball	Won
Frisbee A	Lost
Frisbee B	Won
Handball A	Lost
Handball B	Lost
Touch A	Won
Touch B	Lost
Speedway A	Won
Soccer 7's A	Won
Soccer 7's B	Lost
<i>Mixed</i>	
Badminton	Won
Volleyball A	Won
Volleyball B	Won
Netball	Won



Pennant Hills District Cricket Club

Founded 1947 Patrons: The Hon. Philip Ruddock MP, Mr R. O. Ruffels
Home of the Penno Puma's - www.pennanthillscricket.com.au



Pennant Hills District Cricket Club – Player Recruitment

The PHDCC, who participate in the Sydney Shires Cricket competition, is recruiting players for the upcoming 2014/15 season.

This is an opportunity for cricketers 15 years of age and over to play their cricket on turf wickets in this Sydney wide competition.

Selection trials and grading sessions will be held at the Thornleigh Indoor Sports Center (SportsBliss) at 17 Sefton Rd Thornleigh, on the following dates:

Sunday 7th of September from 1pm to 3pm

Sunday 21st of September from 3pm to 5pm

For more details please visit the PHDCC website at:

pennanthillscricket.com.au

Contact the PHDCC Secretary at:

penno.pumas@gmail.com

Play **Real** Cricket on **Real** Turf

Year 9 and 10 Netball Gala Day

Congratulations to the Year 9 and 10 netballers on coming fifth in Sydney North Netball this week. The girls played eight games throughout the day and only lost two. Finishing fifth out of a field of 24 schools was a fantastic result.

The team included: Renee Trumper, Charlotte Finch, Ashleigh Searle, Zali Mahony, Ellie Steinwede, Georgia Clements, Laura Heinrichson, Emma Fisher, Courtney Cattell and Eliza Woollett.

Thank you to Brigitte Dalzeill and Sapna Mistry for umpiring and to Mrs Trumper and Mr Steinwede for helping out with driving.

Mrs Skyba



CAREERS UPDATE

Become a Psychologist Pathway

The Australian Psychological Society has outlined the pathway to become a registered Psychologist. In short it takes a minimum of six years in education and training broken into undergraduate study, postgraduate study, internship and a registrar program.

<http://www.psychology.org.au/studentHQ/studying/study-pathways/>



Careers in Sport

This website is for anyone interested in a career in sport and fitness. There is information about recommended qualifications and pathways, along with a list of available positions and courses. <http://www.sportpeople.com.au/>

Carer Career Quiz

An online quiz for those considering a career in the carer industry. The quiz takes a few minutes to answer and will provide a clear picture of where you could best fit into a career in disability or community care.

<http://www.carecareers.com.au/page/career-quiz>



Student Edge Career Profiles

Ever wanted to know what it's really like to be a police officer? Engineer? Hairdresser? Check out a day in the life of a whole range of careers at Student Edge. These are real people with real stories.

<http://www.studentedge.com.au/video-pages/career-videos.aspx>

4 Unit Business Services - 240 Hours

Course commencing in Term 4, 2014 and Terms 1, 2 and 3 of 2015 for Year 11 students is planned for Hornsby and Meadowbank. Monday 4 - 8pm and Tuesday 2 - 6pm, two sessions per week, 70 hours work placement. ATAR available. Start planning now...great for students who want an ATAR and have chosen the wrong course at school! See Mrs Bower ASAP if you are interested.

Taste of TAFE courses are available for Year 9-11 students who are over 15 years. They are one day per week for 6 weeks during Term 4. Cost is \$80. The areas of the taster courses are Automotive or Carpentry or Plumbing. See a Careers Adviser or email Christine.ferguson@det.nsw.edu.au for more information.

Macquarie University Schools Recommendation Schemes

Applications close Tuesday 30 January. SRS replaces Macquarie's Preferred Admissions Scheme and is processed centrally through UAC. SRS allows Year 12 students who are UAC applicants to receive early offers of undergraduate admission by considering not only their subject performance, but also their school recommendations, aptitude, community engagement, and awards and achievements.

http://www.mq.edu.au/study/undergraduate/parents_and_teachers/connect_newsletter/all_connect_articles/recommend_your_students_for_early_admission/



Macquarie University New Degrees 2015

Macquarie University is offering a number of new degrees in 2015. The university has written articles explaining the importance of some of these degrees and their content and these articles can be viewed by accessing the following links:

Bachelor of Business Analytics

http://www.mq.edu.au/study/undergraduate/parents_and_teachers/connect_newsletter/all_connect_articles/crunching_data_is_big_business_with_new_business_analytics_degree/

Bachelor of Security Studies

http://www.mq.edu.au/study/undergraduate/parents_and_teachers/connect_newsletter/all_connect_articles/make_the_world_a_safer_place_with_the_bachelor_of_security_studies/

Bachelor of Archaeology

http://www.mq.edu.au/study/undergraduate/parents_and_teachers/connect_newsletter/all_connect_articles/break_old_ground_with_macquaries_cutting-edge_archaeology_degree/

Mrs Ferguson and Mrs Bower

The advertisement features a young girl on the left and a young boy on the right, both smiling. The girl is wearing a grey and white vertically striped short-sleeved dress with a white collar and a red bow. The boy is wearing a white polo shirt with a black collar and red and black stripes on the sleeves, black shorts with 'CTHS' on the left leg, white socks, and blue and white sneakers. The background is a light yellow grid with various school-related icons in blue line art, including a microscope, a lightbulb, a pair of glasses, a math equation $2+2=4$, a document, a basketball, a magnifying glass, a ruler, a protractor, 'ABC', a paint palette, a pencil, a globe, a book, a paperclip, a syringe, an atom, a notebook, a pen, a clock, a compass, a pair of scissors, a star, and the word 'school'.

**SCHOOL UNIFORMS
AUSTRALIA**

Buy CTHS Summer School Uniforms online
www.schooluniformsaustralia.com.au

Join us at Cherrybrook Athletics Club in September!

For children aged 5 - 16 who enjoy family fun and fitness, Cherrybrook Athletics Club welcomes you!



Cherrybrook's streamlined athletics program runs on **Friday evenings from 5.45pm until approximately 8.00pm.**

This program, which involves five or six events of running, jumping and throwing, will be held at **Greenway Park No. 2 oval from Friday 5 September** until mid-March. **Training is available Mondays and Wednesdays at the oval** (for a fee) under the guidance of a professional coaching team.

Not only is the club a second family to its 460 members, but is also highly competitive. In 2014 the club achieved 30 medals at the NSW Little Athletics State Championships, to be **ranked in the top three clubs in NSW!**

You are able to trial for two weeks for \$30, on Friday 12 and Friday 19 September. Trialling is not available on Friday 5 September.

Register online at www.cherrybrookathletics.org.au. Fees start from \$135 however, there is a discount available for online registrations. Registration numbers are available for collection on Friday evenings between 5 and 6pm.

For Saturday athletics in your area contact Hornsby, Ku-ring-gai, North Rocks, Northern Districts or Ryde Little Athletics Centre.

PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8:30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 must have their early leave notes signed by a member of the PE staff before presenting to the office.

DIARY – Term 3 Week 10B

Monday 15 September	<ul style="list-style-type: none"> • Yr 12 High Achievers' Morning Tea • Yr 11 Peer Support Training • Yr 7 & 8 All Schools Touch Football KO Competition
Tuesday 16 September	<ul style="list-style-type: none"> • Yr 11 Peer Support Training • Yr 8 Lifesaving Meeting - MPC • Yr 10 & 11 Dance Performance Night
Wednesday 17 September	<ul style="list-style-type: none"> • Yr 12 Picnic Fagan Park • Yr 10 Peer Support Training
Thursday 18 September	<ul style="list-style-type: none"> • Yr 12 Charity Concert & Distribution of Year Book • Yr 10 Peer Support Training • Yr 12 Graduation Assembly - 5pm, MPC
Friday 19 September	<ul style="list-style-type: none"> • Yr 8 Gala Day • Yr 12 Formal • Term 3 Ends