

NETWORK

CHERRYBROOK TECHNOLOGY HIGH SCHOOL

Term 4

Week 3A

24 October 2014

DEPUTY PRINCIPAL'S REPORT (ReI)



Year 11 into 12 Information Evening

The Year 11 into 12 Information Evening on Tuesday night was well attended by senior students and their parents. Mrs Bevan, Mr Townsend and Mrs Navarro all spoke on the evening about a range of important topics including: assessment procedures, signing on, early leave passes, and anxiety. Anxiety is a natural part of life and with the demands of senior school we are seeing an increasing prevalence of anxiety as students progress into Year 12. It is important that parents be aware of what it looks like, discuss the issue as a family and seek help if appropriate. It is most important that everyone sets realistic goals with regard to the HSC, to ensure excess stress is avoided. The Year 11 reports were handed out during the Information Evening. If you were absent from this event, your report has been mailed home.

Mrs Bevan's HSC Tips

Following a number of requests from students asking for a copy of Mrs Bevan's HSC Tips as presented during the Year 11 into 12 evening, we are pleased to include them here:

- **Have a balanced approach** - keep your part time job, participate in sport, go out with friends, have a study timetable
- **Do not make excuses** - take ownership of what you do
- **Work consistently** - don't only work at assessment task time
- **Seek clarification** - if you don't understand something, do not put it off, homework club on Thursday afternoons may be a help
- **Attend every class** - don't decide that something is not important
- **Talk to someone** - if you find things overwhelming

HSC Exams Continue

Week 2 of the HSC Exam period saw students sitting a range of exams including: Biology, Modern History, Mathematics, Business Studies and Economics just to name a few. After some challenging papers in Week 1, students reported they were very happy with the papers this week. Discussions prior to entering the exam room revealed students had been preparing well for their exams and were quietly confident. This could not however mask the slight nervousness etched on their faces as they entered the exam room. It is hoped their hard work over the past two years rewards them with a result they can be truly proud of.

New Vending Machine

The Canteen has been in negotiations with Sanitarium regarding the installation of a vending machine which provides a healthy breakfast option for students. The new machine will be stocked with 'Up & Go' and 'Up & Go Energise' products for a trial period for the rest of this year. In this day and age when we are concerned about the obesity of our kids and we are constantly being told of the importance of starting the day with a healthy and nutritious meal, this is a great initiative and hopefully students will enjoy the added options available to them.

Inala Fair

The annual Inala Fair was held last weekend on Sunday 19 October. Inala provides a range of services for individuals living with disabilities. Traditionally, we are asked to help with the café and provision of coffee for the event. Many of our trained baristas gave up their time on Sunday to support the event and did a fantastic job on the day. They were kept very busy helping with general customer service and delivery of coffee to patrons. Our baristas should feel very proud of their efforts. The organisers commented on their wonderful attitude and professionalism in helping out with such an important local community service. Congratulations to all involved.



CTHS Coffee Shop at the Inala Fair

Youth Eco Summit

Our Year 10 Environmental Warriors travelled to Sydney Olympic Park, Homebush on Wednesday 22 October to attend the annual Youth Eco Summit (YES). YES is a curriculum based sustainability event for students and their teachers. On display are a range of sustainability programs by various organisations such as Birds Australia, NRMA, and Sydney Water, just to name a few. Students were lucky enough to discuss the sustainability achievements of a number of schools and get some ideas for future environmental initiatives at their own school. It also confirmed for us all, the sustainability initiatives we have at Cherrybrook Technology High School are certainly what other schools are doing and we are making a significant difference in reducing our environmental footprint.

Mr Clements



Australian Science Olympiad

Congratulations to Year 11 students who did exceptionally well in the Australian Science Olympiad exams which is the first step towards representing Australia in the International Science Olympiads. There were numerous students who achieved Distinctions and Credits, but of special note are two students who achieved High Distinctions and were awarded medals:

- Zhu Yuqi - High Distinction for Physics (Gold), Chemistry (Gold) and Biology (Silver)
- Yang Xi (Kevin) - High Distinctions for Physics (Bronze) and Chemistry (bronze).



Year 8 Lifesaving

Year 8 Lifesaving started today with 330 Year 8 students, 16 teachers and 60 Year 9 and 10 student instructors heading off to two pools. This is the first day of a four day program which aims to complete an extremely important part of the PDHPE syllabus. There are six courses, which are challenging, fun and suited to students' ability levels. All courses include a First Aid theory component as well as resuscitation training and assessment.

Mr Clements

VISITORS TO THE SCHOOL

A reminder to all visitors there are clear guidelines regarding visiting the school and seeing staff or your child during school hours:

- ◇ Appointments to see a member of staff must be made in advance, by phoning the school
- ◇ The first point of entry to the school is the Front Office which is located in A block
- ◇ To ensure the safety of all students, visitors are not permitted to enter beyond the Front Office without prior permission
- ◇ Official visitors are required to sign in at the Front Office.

CREATIVELY SPEAKING

Thank you to all staff, parents and friends who have set aside the time to attend our Year 11 Drama Retrospective and have now made TWO adjustments to their diaries for this event. Due to HSC Drama Project marking in Week 2 and cast absences in Week 3, our Year 11 Drama Retrospective has had to be rescheduled to Wednesday 29 October in C1.1 starting at 7pm.

We look forward to celebrating the work of these wonderful students with you all next week.

Ms Cannon, Drama Teacher

Year 11 Retrospective 2014

Filled with laughs, emotion & talent

Come and enjoy



Date has been rescheduled to

Wednesday 29 October 2014

Where: C1.1

What time? 7pm

Gold coin donation appreciated

Year 9 Camp

During Week 2, Year 9 embarked on their camp to the *Great Aussie Bush Camp* near Tea Gardens. Students experienced a guided tour of Maitland Gaol and a range of engaging activities from the leap of faith, raft building, kayaking, vertical challenge, team building initiatives and the giant swing, helped and encouraged by their enthusiastic bush camp leaders. After being cancelled because of rain the first night, the sun came out just long enough for the much anticipated commando night, with Year 9 proving stealth is not their strong point, as they did not manage to rescue their hostages.

This year, the Stage 5 field work study was incorporated into the camp which involved students climbing sand dunes, learning about the Indigenous and geographical context of the area. At a different beach, students then conducted measurements and collected data from the front of the beach back through the primary dune system. Information was also collected on the impacts both humans and the elements have on the coastal environment. Students will use the data and information collected next year to complete this section.

I would like to thank the teachers and Stage 5 representatives who attended, as well as Ms Adamou for her organisation. My biggest thanks are to the whole year group, who must be commended for their excellent behaviour and attitude towards the activities. Despite some very challenging weather, with most of the camp being wet and windy, most students went out of their comfort zone to try the activities, make the most of their time at camp and maintained a positive and fun atmosphere. It was great to see and be a part of.

Mr Keating, a very proud Year Adviser

Netball Report

On Friday 17 October, our Year 7 and 8 netball teams had their gala day at Gosford netball courts. The weather looked pretty grim that morning, but after a little bit of rain, the sun came out and it turned into a beautiful day. We played seven games throughout the day, three of which being finals. Overall, we had a successful day placing fourth. Thank you to Mrs Skyba for supervising us and coaching the teams. A big thank you, also, to Emma Fisher and Ellie Steinwede for umpiring us and assisting with coaching. My biggest thanks, though, goes to the parents who gave up their day and drove us to and from Gosford. It was much appreciated by all team members and teachers. Without you we would not have had the opportunity to play netball. It was a wonderful day and we all enjoyed ourselves very much.

On Thursday 23 October, Cherrybrook Technology High School's under 15's netball team played their first round of a state-wide knock-out competition. The game was played at Greenway courts against Killara High School. It was a scorcher, but all members performed extremely well in the heat. Although we lost by three, I am very proud of how the girls played. We kept fighting until the end and every girl put in 110%. Many thanks to Mrs Skyba and Mrs Flowers for organising and coaching our game. Also, thank you to the parents who came and supported us. It was a great game and all players performed really well.

Emma Seamons, Year 8



HSC Textiles Exhibition Major Projects 2014

Major Projects from the 2014 Textiles and Design students were displayed this week after being returned from the marking centre. The exhibition was a great success with over 200 students, staff, friends and family attending. The projects this year were of a very high quality and included a diverse range of inspiration and technical skill.

Some of the projects included:

A turtle ottoman inspired by Hawaiian culture and crafts; Babushka dolls reflecting family heritage; A Mother and Baby tote bag; Evening, formal dresses and costumes inspired by nature, gold, environmental issues, the Black Dog Institute, Japanese Anime, mermaids and children, Sri Lankan culture, contemporary designers and techniques; a globe ottoman inspired by multicultural crafts and cultural unity; quilts inspired by high tea, African safari, peacocks, textile artists, contemporary techniques.

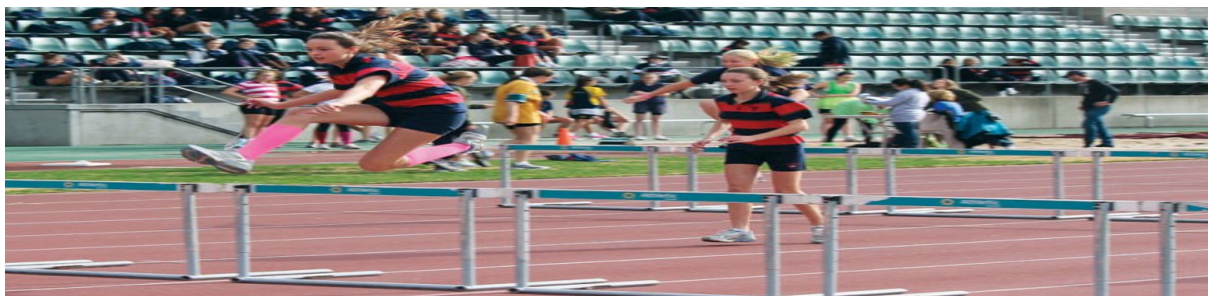
Students also completed a memory quilt for Madeleine Duffy and this was presented to her family at the exhibition. Congratulations Year 12 on your fantastic and very inspiring work this year!

Ms Parsons and Mrs Collins



HSC Textile Major Projects

WEEKLY SPORTS REPORT



Congratulations to the following competitors from the NSW All Schools Athletics:

- Emily Jones competed in high jump, triple jump and 2,000m steeplechase for 16 Years girls. She did extremely well coming seventh in high jump, sixth in triple jump and fourth in 2000m steeplechase
- Mitchell Baker competed in the 14 years boys' high jump, triple jump and long jump, coming seventh in high jump, fifth in triple jump and twenty first in long jump. Great work Mitchell
- Ryan Jones came fourteenth in the 14 years boys' 3000m, well done Ryan
- Courtney Cattell competed in 15 years girls' long jump, 200m hurdles and 90m hurdles. She did amazingly well coming tenth in long jump, third in 200m hurdles and fourth in 90m hurdles
- Well done to Matthew Rose, who competed in the 12 years boys' 80m hurdles and discus coming fourth in both.
(These students provided their results to the PDHPE staff as requested, thank you for your cooperation)
- Good effort to the Cricket team who were defeated by Epping Boys by six runs
- Well done to the U15 netball girls who came fourth in the Netball Gala Day
- Good job to the U15 boys' water polo team who made it to the semi finals where they were sadly defeated 8-6, and well done to the girls water polo who were also semi finalists.

Upcoming Events

Year 8 Lifesaving begins this Friday and continues next Monday, Wednesday and Friday. The weather is looking good so it should be a great four days in the sun, getting red faces and learning how to save lives.

Grade Sports Results

Well done to everyone for last week's grade sport against Chatswood and good luck this week against Killara.

Zoe Anstee and Chloe James, Sports Promotion Officers



Event	Result
<i>Boys</i>	
Opens Basketball A	Won/ forfeit
Opens Basketball B	Won/forfeit
Basketball 9/10	Won
Cricket A	
Frisbee A	Won
Frisbee B	Lost
Handball A	Lost
Handball B	Lost
League 7's 16/17's	Wet weather
League 7's 14/15's	Wet weather
Speedaway A	Won
Futsal Open A	
Futsal open B	
Futsal 15's A	Won
Futsal 15's B	Won
<i>Girls</i>	
Basketball A	Won
Netball	Won
Frisbee A	Won/ forfeit
Frisbee B	Won/ forfeit
Handball A	Won
Handball B	Lost
Touch A	
Touch B	
SpeedawayA	Won
Soccer 7's A	Won
Soccer 7's B	Won
<i>Mixed</i>	
Badminton	
Volleyball A	Won
Volleyball B	Won
Netball	Lost

Athletics



*Bring a friend
and
have double the fun!*

registration details on our website
www.hdlac.org.au

*bringing
healing &
restoration
to people*

CLCC Life Centre Inc. has a vision for healing people who are experiencing hurting in their lives. We offer professionally trained and accredited staff who can assist in a variety of disciplines. All members of the public are welcome. Please call the Life Centre on 9651 3534 for more information or visit our website at www.clcclifecentre.org.au.

Our professional fees are charged on a sliding scale according to each client's capacity to pay.* Where a client cannot afford them, fees may be waived.

Services offered:

Counselling
Parenting Courses
Prayer Ministry
Remedial massage and aromatherapy

**No fees are charged for prayer ministry.*

All professional services are provided by the various therapists in their personal professional capacity, while CLCC Life Centre Inc provides the facilities for the services. CLCC Life Centre Inc does not accept any liability for services rendered.

**CAN YOU IDENTIFY
WITH ANY OF THE
FOLLOWING OR
SIMILAR COMMENTS?**

I just don't know how I am going to get through this loss?

I am so afraid that the rest of my life will be spoiled by my unresolved issues of the past!

My child is being bullied at school – what can I do to help?

How do I get over my divorce?

I am a Christian, but I feel as if God is so far away from me.

My child is anxious about everything! I don't know how to help!

How do I deal with my spouse being diagnosed with cancer?


What steps do I have to take to get my parents taken up in a nursing home?

**IF YOU NEED HELP WITH LIFE QUESTIONS
SUCH AS THE ABOVE – WE CAN LEND
A HAND.**

clcc
**life
centre**
inc



*a place of
healing*

 CLCC life centre inc | 9651-3534 | www.clcclifecentre.org.au

 an initiative of
Community Life Church Cherrybrook

Splash in the pool
play in the park



Pool party

FREE EVENT

SAT NOV 22 | 10AM-7PM
HORNSBY PARK, 203 PEATS FERRY ROAD, HORNSBY

CELEBRATE THE OFFICIAL OPENING OF HORNSBY AQUATIC AND LEISURE CENTRE

IN THE PARK

FREE from 10am-12pm:

- giant water slide • face painting
- rides • henna tattoos • reptile show

PLUS • music • food stalls

IN THE POOL - Pass required*

- pool bombing competition
- inflatable obstacle course
- dunking machine • Zumba®
- water slide



*To book your Pool Party pass visit hornsby.nsw.gov.au/poolparty or call 9847 6611.
No pass required for the FREE party in the park.




Fossick

@

**Northern Districts
Lapidary Club**

GEM SHOW and **EXHIBITION**

Lapidary Competition and Display, Gemstones, Minerals, Slabs, Jewellery, Book Stall, Plant Stall, Some Machinery, Club Tours, Refreshments.

Kid's Fossicking Area

Friday 24 - Sunday 26 October 2014

Friday 9am-9pm, Saturday 9am-5pm and Sunday 9am-4pm

Beecroft Community Centre, Cnr Beecroft and Copeland Roads
Beecroft

PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8:30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 must have their early leave notes signed by a member of the PE staff before presenting to the office.

DIARY – Term 4 Week 4B	
Monday 27 October	<ul style="list-style-type: none"> • Yr 8 Lifesaving
Wednesday 29 October	<ul style="list-style-type: none"> • Yr 8 Lifesaving • Yr 9 Mathematics Yearly Exam - part B • Yr 11 Drama Retrospective Rescheduled - 7pm, C1.1
Thursday 30 October	<ul style="list-style-type: none"> • Yr 7 Science Yearly Exam
Friday 31 October	<ul style="list-style-type: none"> • Yr 8 Lifesaving • Yr 7 Mathematics Yearly Exam