

NETWORK

CHERRYBROOK TECHNOLOGY HIGH SCHOOL

Term 4

Week 8B

28 November 2014

DEPUTY PRINCIPAL'S REPORT



Swimming Carnival

On Wednesday 26 November, the annual Cherrybrook Technology High School Swimming Carnival was held at Sydney Olympic Park Aquatic Centre, Homebush. A spirited day of competition was had by the many students and staff in attendance. The rivalry between sporting houses was intense and the crowd in good voice. At the end of the day it was Harrison House who were victorious. However, the overall winner will not be finalised until the students of Year 7, 2015 have their Swimming Carnival next year in Week 2 of Term 1. Congratulations to all those students who participated and to the PDHPE staff whose organisation made the day such a success.

Final P&C Meeting for 2014

The final P&C Executive and General Meetings for 2014 were held on Tuesday evening, 25 November. Members were pleased to view the projects, submitted by a number of Year 11 students, for consideration for the 2014 May Samali Public Education Award. Mr Fitzgerald, HT Student Services (acting), spoke about this prestigious award and the criteria students had to address, namely *What Cherrybrook Technology High School and public education means to them*.

The President, Mr Stephen Phillips, thanked the Principal and staff of CTHS for their efforts in maintaining the high standards and excellent achievements witnessed throughout 2014. The first meeting for 2015 is scheduled for Tuesday 17 February 2015 at 8pm in the staff common room, and as always, interested parents are welcome to attend.

Vocational Education and Training (VET) Information Evening

A successful VET Information Evening was held on Thursday evening, 27 November. It was well attended by both parents and students eager to discover what VET is all about as well as the requirements for each course. Some important points from the evening included: VET courses are competency based; students will participate in work placement during Terms 2 and 4, 2015; each course requires specific uniforms; and each of the courses have elements set by both the RTO and the Board of Studies, Teaching and Educational Standards.

For any further information regarding VET Courses at CTHS, please feel free to contact the school.

Secondary Schools Tax File Number Program for Students in 2015

The current system in place for students to apply for a Tax File Number (TFN) at school will **not** continue beyond the end of the 2014 school year. From 1 January 2015, students can apply for a TFN online and have their identity verified through an interview at a participating Australia Post Office. The fastest and most convenient way for students to obtain a TFN is by visiting the ATO website at www.ato.gov.au and searching for 'QC27248'.

Lions Club Youth of the Year Award

On the evening of Monday 24 November, three Year 11 students, Merle Runde, Jed Corbett and Deane Piek, participated in the public speaking component of the Lion's Club Youth of the Year Award at West Pennant Hills Sports Club. On the night, each of the three students were asked to respond for two minutes on two impromptu questions; *Is Australia's ageing population a limitation to our continuing economic growth?*, followed by *What is the impact of multinational corporations on Australia's rural sector?* Both questions were quite involved and tested the depth of knowledge and understanding of all three of our candidates, on national and multi-national affairs.

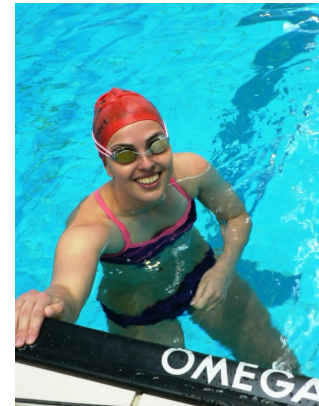
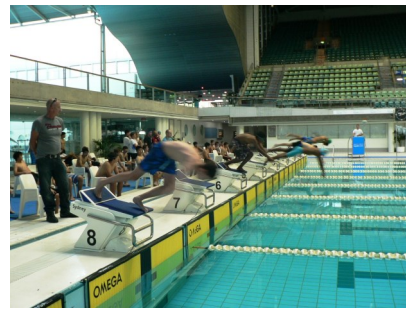
This was followed by a pre-prepared speech on a topic of the candidate's choice for five minutes. Merle spoke about Aboriginal Studies and how her learnings in this area could help address inequality in our society. Jed spoke about his parents' influence on him as an individual and Deane spoke about his own experiences in international sport and how principles of sportsmanship, co-operation and camaraderie could help address issues of inequality in our society.

The judges' decision at the end of the evening was unanimous, awarding Merle Runde best overall for the local region and she will now go on to the next level of the competition. We wish Merle luck in the rest of the competition. All three students were commended for their efforts and for being such wonderful ambassadors for Cherrybrook Technology High School.



Jed Corbett, Merle Runde and Deane Piek

CTHS Swimming Carnival



Schools Spectacular

Many students and staff from Cherrybrook Technology High School have been busy this week rehearsing for their performances in the 2015 Schools Spectacular. The world's largest variety show, showcases the talents of 3,600 students from 400 schools, 2,000 dances and 1,300 choir members. The show is a truly amazing spectacle. Tickets are likely to be sold out, but you can catch the show on Channel 9 from 7pm on Saturday night.

This year, CTHS has thirteen dancers performing in the concert itself. Congratulations to all students and staff involved, including Miss Holt and Ms Cannon.



'Beneath the Surface'

We were pleased to invite Jaimei Liu back to CTHS this week. Jaimei graduated Year 12 in 2013 and her visual art work, entitled *Beneath the Surface*, was selected to be exhibited in ArtExpress at the NSW Art Gallery. Jaimei kindly agreed to have a large part of her art displayed on a prominent wall in the administration block. It is a very striking piece and clearly shows her outstanding ability in the area of visual arts. Thank you Jaimei for allowing us to display this beautiful piece of art for others to enjoy.

Jaimei's statement accompanying *Beneath the Surface*: Intricate links exist between the wellbeing of the human population and Earth. As technological developments deplete Earth's resources, nature begins to lose her vitality. While corporate and individual greed turn a blind eye to the increasingly degraded environment, a reality 'health' check reveals the damage civilisation has imposed upon the land. This 'plague' of urbanisation and industrialisation grows from the darkened coasts into inland areas, like deadly cancers consuming the human body. Hence, my work portrays the parallels between the health of Earth and of humanity. It is by protecting our planet that our own wellbeing can be sustained. Influencing artists: John Olsen, Edward Burtynsky and Fred Williams.



Mrs Henry, Jaimei and Mrs Jaeger

Upcoming Events

Next week is going to be one of the busiest weeks in the school calendar. Students and parents are asked to take note of the following dates and times:

- | | |
|--------------------------------|---|
| CTHS Presentation Evening: | Tuesday 2 December in the MPC from 7pm |
| Year 6 into 7 Orientation Day: | Wednesday 3 December from 9am until 11am |
| Annual CTHS Sports Assembly: | Thursday 4 December in the MPC from 9.20am |
| Presentation Day Assemblies: | Friday 5 December in the MPC. Year 7 from 9am; Year 8 from 10.45am; Year 9 from 11.40am; and Year 11 from 1.15pm. |

Parents please note, there is very little parking in the Cherrybrook Technology High School vicinity, therefore, please allow ample time to park and make your way to the venue for the designated start times.

Congratulations to ...

- Jay Scott, Year 12 2014, who was awarded second place in the Sydney Academy of Chess Tournament.
- Alyssa Hutchings, Year 11, who has been selected in the Sydney North secondary girls' softball team. This team will compete in the NSW Combined High Schools Association State Carnival in 2015. We wish Alyssa luck in her endeavours.
- Lisa Lee, Year 11, who was successful in the final of the Korean Performance/Art Competition. In a field of over 700 primary and secondary students, Lisa gained first place in the High School Performance category, winning a \$500 gift voucher for her efforts.



Lisa Lee

Mr Clements



Jay Scott

Band Orientation Workshop

On Thursday 27 November the Junior Concert Band hosted 28 Year 6 students, who currently play a band instrument in their respective Primary School Band Program. Students participated in a fun-filled program of music learning and were treated to a scrumptious pizza lunch with ample lollies to keep their energy levels up during the day. From all reports, the Year 6 students in attendance were very pleased with the hospitality shown to them on the day. Following on from this, all interested Year 6 students will audition for appropriate placement in the Junior Band. The workshop ended with a concert, which saw some great interactions between our Junior Concert Band members and the Year 6 students. Roll-on 2015 for our Junior Concert Band!



Band Orientation Workshop

Big Band Workshop

Over two days, Friday 21 and Saturday 22 November, the CTHS Big Band held a workshop in which we sight read, workshoped and then performed twelve brand new pieces. These songs were a challenge for the whole band to learn, ranging from Big Band grade 3 to grade 4.5, and included well known hits such as *Blame it on the Boogie*, *Theme from Shaft* and *Think*.

On the first day of the workshop, we were all taken out-of-class for the entire day so we could sight read the new songs and get to know them. Working in the extreme heat of the day was very hard, but every single member of the band ignored the heat and worked to the best of their ability. When it came to the Saturday, tutors came in to workshop a handful of pieces with each section of the band: Steve O'Brien worked with the brass section, Jacky Ng with the saxophones, Brendon Dart with the rhythm section and Mr Felton with the vocalists.

Saturday came to an end with the performance of ten of these new songs, as well as Big Band hit *Cry Me a River*. The night also saw three separate performances from the Stage 5 music classes, including the saxophone ensemble, Sylvia Guan playing piano and Rachel Yong performing a vocal piece. As the night closed the whole band really was crying a river, but the skills and knowledge developed over the two days made it a worthwhile experience for everyone.

Ben Salmon, Year 10



WEEKLY SPORTS REPORT

The school Swimming Carnival was held on Wednesday 26 November and was a great success with a pleasing turn out. Congratulations to all participants.

Congratulations to...

- The Year 7 and 8 girls' soccer team for their amazing Wanderers Cup win. Due to their success, they were asked to go on to the field at half-time to entertain the audience by showing off their skills.

Upcoming Events:

The School Sports Assembly will be held on Thursday 4 December. Parents of students who are receiving awards are welcome to attend.

Sport Quote - *"Swimmers do more kicks than a soccer player, more flips than a cheerleader, more sets than a volleyball player and more yards than a football player, still easy?"* - Matt Biondi, Olympic Swimmer.

Zoe Anstee and Chloe James, Sports Promotion Officers

Junior Rugby League

In a hard fought match, which had some terrific individual and team moments, Cherrybrook Technology High School's junior rugby league team defeated Carlingford High School 10-9 in the Grand Final of the North Sydney Zone Competition. The boys were able to generate great team spirit all season, which put them in good stead to take on Carlingford.

The team was presented with the competition trophy by ex Parramatta firsts player, Nathan Caylis, and each member of the team was presented with a Parramatta hat. The player of the match, Cameron Hall Year 9, was also presented with a sports bag.

Well done to all the boys, who proved excellent representatives of Cherrybrook Technology High School through their sportsmanship and on-the-field performance.

Mr Webb, Coach



PROCEDURE FOR EARLY LEAVERS

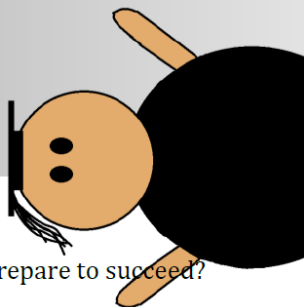
If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8:30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 must have their early leave notes signed by a member of the PE staff before presenting to the office.

PROCEDURE FOR SICK STUDENTS

Students who are sick during class should see a teacher for written permission to go to sick bay. They must present themselves promptly to the **front office** and politely follow instructions from the office staff, who will then contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents in the first instance. Please refer to your diaries for further details. ***Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.***

STRESSLESS LIKE??



Is school stressing you out?

Do you want to help your child prepare to succeed?

StressLess is a group program for students in years 10-12 to learn practical strategies to manage stress.

Students will be taught by a psychologist how to navigate the stressful senior school years. The program has been developed in consultation with Dr Fiona Denton and is grounded in evidence-based Cognitive Behaviour Therapy.

Topics covered will include:

- ✓ Time management and healthy study habits
- ✓ Study/life balance - diet, exercise, leisure
- ✓ Relaxation and sleep strategies
- ✓ Defeating worries and unhelpful thoughts
- ✓ How parents can help their kids in the HSC

By learning to effectively manage their stress, students will have greater resources to cope with school and to maximise their potential.

Sessions will be run from our Pennant Hills premises. Call us to find out about our January or Term 1 program!

P: 9980 5729 | E: admin@dentonpsychology.com.au

THE ACTING EXPERIENCE

- > PERFORMANCE
- > CONFIDENCE
- > IMAGINATION

NEW CLASSES AVAIL IN 2015

- > PRIMARY - AGES 9 TO 12
- > TEENAGERS - AGED 13 TO 17

ENROL NOW!

HOLIDAY
WORKSHOPS
JAN
ACTING FOR
CAMERA

FOR MORE INFORMATION:

Phone 0457 574 662

email info@actingexperience.com.au

or visit actingexperience.com.au

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Sports Camps Australia

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SCA Mountain Bike Camp

Camp Name: SCA Mountain Bike Camp
Camp Location: Old Man Valley, Hornsby, Quarry Road Hornsby
Camp Director: Michael Brown
Dates: 15-17 January
Times: 9am-3pm
Fees: \$220 Mountain bike required
Skill Level: Must be able to ride un-assisted
Gender: Co-ed

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SCHOOL UNIFORMS AUSTRALIA



7 Days only sale

Starts from Friday 28 November
Ends midnight 5 December

25-35% off

*selected school uniforms

AVAILABLE
ONLINE

We will have garments on display and fitting at
Cherrybrook Community Centre
(next to Carlile Swimming)
on the day of CTHS Year 7 orientation,
Wednesday 3 December between
8.30 am and 2.30 pm.

www.schooluniformsaustralia.com.au



WESTBROOK play AFL

Junior Australian Football Club

West Pennant Hills - Cherrybrook - Dural - Castle Hill - Glenhaven - Galston - Kenthurst - Glenorie

Auskick 5- 8 year olds Development	Auskick U8 Semi Competitive Modified	Girls Under 10s & 12s Modified
Junior U9-10s Modified	Junior U11-12s Competition	Youth U13-17s Competition



[Come and try AFL session](#)

Sunday 9am: 8th Feb 2015

Registration:

Sunday 10am – 4pm: 8th Feb 2015 or Online open now

Where:

Greenway Park (Mike Kenny Oval),
Shepherds Drive, Cherrybrook



www.westbrook.org.au

From newcomers, 'kick in the park' players and athletes,
.....enjoy success with Westbrook

Quality Club	Quality Coaching	Quality Experience
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DIARY – Term 4 Week 9A	
Monday 1 December	<ul style="list-style-type: none"> • Yr 8 Science Excursion • HSC English Task - period 2 • Yr 12 Modern History Assess Task - in class
Tuesday 2 December	<ul style="list-style-type: none"> • HSC English Task - period 4 • HSC FDT Food Product - Prototype • Yr 9 Reports Emailed • Presentation Night Assembly - 7pm, MPC
Wednesday 3 December	<ul style="list-style-type: none"> • Yr 6 into 7 Orientation Day • HSC English Task - period 5 • Yr 10 Peer Support Leader Training
Thursday 4 December	<ul style="list-style-type: none"> • Yr 12 Mathematics & General Mathematics Assess Task • Sports Awards Presentation Assembly
Friday 5 December	<ul style="list-style-type: none"> • Yrs 7, 8, 9 & 11 Presentation Day Assemblies • Yr 7 & 8 Reports Emailed • HSC FDT Food Product - Sensory Assess • HSC English Task - period 5 • Aboriginal Studies Excursion to Sydney University • Yr 10 & 11 Students on Track Excursion