

CHERRYBROOK TECHNOLOGY HIGH SCHOOL

Term 1

Week 5A

27 February 2015

DEPUTY PRINCIPAL'S REPORT



Study Skills

On Thursday evening parents of Year 12 students attended a seminar focussing on study skills and how parents can best assist their child leading into the HSC. The seminar was well attended and very informative. This was the precursor to sessions in which students participated on Friday. The enthusiastic presenters from Elevate Education, discussed a diverse range of topics including goal setting, motivation, organisation, time management and how best to relieve stress during examination periods. Thank you to Ms Parsons for organising this event. The feedback from students confirmed these sessions were an invaluable part of their senior study.

Zone Swimming Carnival

On Monday, a cohort of CTHS swimmers competed at the Zone Swimming Carnival, which was held at the Homebush Aquatic Centre. CTHS narrowly placed second at the carnival, with the unfortunate absence of some of our most talented swimmers, leaving the squad a little short on the day. Congratulations to all students who participated and many thanks to the staff who rallied the competitors to such an impressive result. The most notable performance from the day was Charles Marais, Year 7, who won Age Champion for 13 years boys.

Clash of the Titans

For the past ten years the Cherrybrook Tech Adepts Warhammer Club has been gaming and this year featured ten tournaments with many different styles of play. All reports suggest the weekend was a tremendous success and there were over 200 gamers onsite enjoying the challenge and festivities.

School Play

The school play is being held on Thursday 12 and Friday 13 March at 7pm. This year CTHS is producing *The Servant of Two Masters,* which is a comedy featuring lovers, doctors, lawyers and servants. In this farcical comedy, where nobody is as they seem, 50 students have the opportunity to showcase their acting skills in a place set in the romantic backdrop of Venice. The hard work and preparation of students and staff involved in this must-see event should be commended. Tickets are available for purchase from the school website: http://www.cherrybrok-h.schools.nsw.edu.au/?page_id=2812

Year 6 into 7 Evening

Tuesday 3 March is the annual CTHS Year 6 into 7 Information Night, which will run from 6.00pm until 8.00pm. The evening will showcase why CTHS is a great place to learn. Current Year 7 students will speak, relaying their experiences thus far and Mr Johnson, Principal, and Mrs Lane, Stage 4 Head Teacher, will deliver key information. This evening allows parents and students from Year 6, who live in the local area, the opportunity to have a guided tour of the school facilities and to hear from key members of staff about the operation of the extremely successful and largest comprehensive Government school in NSW. There will be displays from all KLA areas and any questions will be answered.

Interim Reports

Parents of Year 11 students will receive their child's Year 11 interim report via email on Friday 6 March. This report provides an early indication to students and their parents about progress so far in Year 11. Stage 6 can be a different learning environment for many students. Not only is there a large amount of content to be covered over the two years in preparation for the HSC exams, but the relationship between student and teacher becomes much more of a collaboration, with both working towards a common goal of maximising students' results by the end of Year 12. Most students in Years 11 and 12 will develop their own personal independent learning skills, as well as working cooperatively with their peers in order to ensure the group performs to their potential. Parents with concerns about their son/daughter's progress in Year 11 should contact Miss Adamou, Head Teacher Stage 6. If you have not received your child's Year 11 interim report by Saturday 7 March, please check your junk mail in case it has been delivered there and if it hasn't, email Miss Adamou on florence.adamou@det.nsw.edu.au

Year 7 Camp

On Wednesday last week over 300 Year 7 students kissed their anxious parents goodbye and joined over twenty members of staff, as well as the Year 11 Peer Support Leaders, to spend three days at the annual Year 7 Camp. The buses eventually arrived and all departed for the Narrabeen Academy of Sport. All reports indicate it was a very successful camp, with Year 7s enjoying a variety of activities, which encouraged them to venture out and enjoy various outdoor activities. As well as developing strong friendship bonds and forming many new friendships, students were able to get to know key staff members and Peer Support Leaders. Congratulations to all Year 7 students for their cooperation and participation, and many thanks to the staff and Year 11 students for their leadership, support and for volunteering their time to attend this event.



























Year 7 Camp





Alumni Evening

The P&C, in Association with the CTHS Alumni, have been working hard to establish a past student Alumni. They have organised a CTHS Alumni Kick-off Cocktail Function. Details can be found at: <u>https://www.facebook.com/events/1966815326790369/</u>. The event will be held on Thursday 26 March at 6:30pm in The Grand Ballroom, The Epping Club. Please support this event and share the information with all past students you know. Ticket entry includes canapés and soft-drink (other beverages can be purchased at the bar).



Congratulations to ...

- Tyler Pickles, Year 10, 2015 NSW Badminton Representative at the June Bevan Trophy and Under 17 Australasian Championships in Melbourne.
- Liam Forrester, Year 12, who won the Hyundai A-League Competition which included doing the toss at the A-League game between Sydney FC and Central Coast Mariners.

Mr Townsend

Tyler Pickles

Year 7 Camp Reflection



On Wednesday 18 February, CTHS's 2015 Year 7 prepared to embark on their three day camp to Narrabeen, The Sydney Academy of Sport and Recreation. Guided by our trustworthy Year 11 Peer Support Leaders, we were ready to conquer challenges side-by-side with our fellow companions. The only thing holding us back from starting our journey was the late buses.

After arriving we had a quick briefing with the camp instructors, then we all jumped straight into the activities. Together with our peer support groups, we used our endurance, stamina and thrill seeking attitude to complete the vast variety of tasks set before us. From discussions with our peers, we discovered that abseiling and the ropes course were considered to be the most challenging activities. Out of all our activities it is undeniable that abseiling and the ropes course were indeed the hardest, *but* the most fun. Other activities we experienced included canoeing/kayaking, initiative tasks, rock and water and the pool and beach.

After each day, we all gathered in the dining hall to relax and tell the tales of our ventures over a meal. Once everybody had finished, we headed off to our night activities. On the first night it was a high-end newspaper fashion show and on the second night it was a competitive mini Olympics between the different camp groups! At 9:00 every night we sought refuge in our cabins and *supposedly* went to *sleep* so we were well rested for the next big day ahead.

Unfortunately, all good things must come to an end. So on Friday 20 February 2015, Year 7 sadly packed their bags, said their goodbyes and waited for the buses to come, but they didn't! Of course they didn't! The buses were late...AGAIN!



Zaki Razi, Annalise Pringle and Sienna Marshall

The Tell Them From Me Student Feedback Survey

Our school, like many others in the state, will participate in a Department of Education and Communities initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <u>http://surveys.cese.nsw.gov.au/information-for-parents</u>

The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between Monday 9 March and Thursday 2 April. Participating in the survey is entirely voluntary.

- A FAQs information page on the survey will be put on the CTHS website for parents/carers to read
- If you **do not** want your child or children to participate in this survey, an opt-out form will be emailed to every parent/carer. Please return the form to school by **Friday 6 March**. Copies of the opt-out form and FAQs are available from the website above.

Mr Clements

First in the Canon Light Awards

Congratulations to Rachael Soo, Year 11, who placed first in the Canon Light Awards for her photograph *Flight from Work*. Rachael was one of hundreds of students in Australia to submit a photograph under the brief of 'Freedom' and was offered a prize of a Canon EOS 5D Mark III or \$4,000. She has accepted the camera and is looking forward to using this throughout her HSC in Visual Arts.

The judge's feedback was as follows: "This is a creative entry and well executed. It's a surrealistic type of image and the colours work really well".

Fantastic achievement Rachael, well done!

Ms Donoghue, HT CAPA





Canteen Volunteers Urgently Required!

This is a great opportunity to be involved in the school. If you have Mondays and/or Tuesdays free to come and help us, it would be very much appreciated. No experience required; come and join us for a fun day. Morning tea and lunch provided. Please phone the canteen on 9481 8410 or email the school on cherrybrok-h.school@det.nsw.edu.au 2015 Cherrybrook Technology High School Ski Trip

Each year, students from Years 9-12 have the opportunity to attend the CTHS ski trip, which takes place in Mt Hotham, Victoria, during the July school holidays.

If you are interested in sending your child to this year's ski trip, please download the 2015 Ski Trip Consent Form from the school website: <u>http://www.cherrybrok-h.schools.nsw.edu.au</u>, Our School>Extra Curricula>CTHS Ski Trip.

Please return the completed form, with your deposit, to the student window by the end of Term 1.

Additional forms relating to the ski trip can also be found at this site and must be completed and submitted through the school website by the end of Term 1.



There will be a meeting for all interested parents on Wednesday 1 April at 6:30pm, in room F2.1. Please contact Miss Bleakley if you have any questions.

Miss Bleakley

Cherrybrook Taekwondo Students Attend Sword-Fighting Workshop

On Saturday 21 February Mr Hartman was accompanied by four CTHS Taekwondo students and three alumnae to a Kumooyeh Workshop taught by Master Michael Tebble (4th Dan). Kumooyeh is a Korean martial art which teaches the traditional use of the sword and the bow in battle. The accompanying students were Jazmin Martinez, Year 8, Cathy He, Year 9, Pabodha Gunaratne, Year 10 and Rafaella Spadaccini, Year 11. The alumnae present were Matthew Serretta (2014 graduate), Haleem Mohammed Abdul and Caitlyn Larkham (2013 graduates).

The workshop started with warming up and basic techniques and there was some light sparring with partners where we used our foam sword to strike the right wrist. After a break we learnt set sparring and a pattern (poomse or hyung) and then had a go at free-sparring the instructors, which was challenging to say the least. There were cutting demonstrations where the instructor used a live blade to slice through bamboo and at the end of the workshop we all had a go at firing arrows from Korean bows, which are much harder to draw than the one we use at school camp. The workshop was well received by the CTHS students and Kumooyeh will be introduced into our Taekwondo training on a regular basis.

The after school martial arts program at CTHS is in its fifth year and is going strong. Wednesday training has been moved to the MPC where more space and higher ceilings will, hopefully, increase the chance for variety in our training. Thursday training for primary aged students and Friday training for high school students will take place in the regular venue, C2.1. Thankyou to all the keen students who turn up every week for a bit of fitness, a bit of discipline and a whole lot of fun.

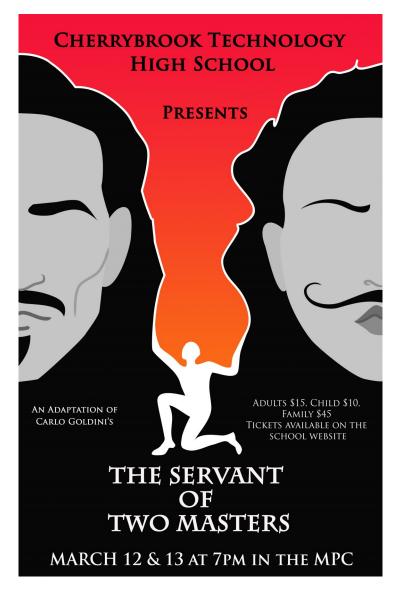
Mr Hartman





PRIVACY ISSUES

We frequently celebrate student achievements by publishing the names and photographs of students in the newsletter, other school publications, displays at school and in various other ways. School events may also be videotaped or photographed for school records. If there is any reason why parents/guardians do not wish students to be identified in these ways, please advise the school as soon as possible of your objections. If parents/guardians do not contact the school about this matter, we will assume consent for such publications has been given.



Commedia Dell'Arte Performance

On Wednesday this week, all Year 8 students watched a performance in the MPC by Nick, George and Emily from Matriark Art Theatre involving all the skills, characters and craziness essential to Commedia Dell'Arte. Students laughed and giggled at the slapstick comedy and rude jokes. A zany story of a girl turned into a boy going on a quest had tears rolling down the students' cheeks. Supporting their study of comedy and clowning in drama, our students thoroughly enjoyed this theatrical interlude.

Ms Marrée



WEEKLY SPORTS REPORT



Open Girls Soccer Knockout, Round 1 - Cherrybrook 2 Defeats Cromer 1

(Featuring lyrics from Uptown Funk by Mark Ronson and Bruno Mars)

This week was a hit, as it was the week that our girls' open knockout soccer team played their first game, through the ice like rain and battling the cold, to score a win for Cherrybrook. Michelle Pfeiffer would have been proud of the way that the red, black and white team earned gold. It is this spirit that other schools will talk about, how CTHS was the one team who never gave up. For them, even a jacket with a hood couldn't stop the sense of defeat that our girls gave them. It was a very good game and each of the girls played extremely well. Straight to each player, their passes were masterpieces.

In their new **styling** jerseys, they had Cromer High School **wild** in jealousy. But, **living** up to Cherrybrook's outstanding reputation, **it** was clear the girls only retaliated by ending the game, **up** by one goal. **In** the end, **the** enthusiasm shown by our team could take a **city** by storm. Although they **got** the win, the girls couldn't don their usual attire of **chucks on with Saint Laurent**, and instead **got to** shine in Cherrybrook's colours.

A number of songs were proposed for a team anthem: Nothing to Lose by **Kiss** All by **Myself** by Eric Carmen I'm so Fancy by Iggy Azalea, and **Pretty** by The Weekend

In the end, we decided the only song which could truly encapsulate the euphoria of our victory was Uptown Funk.

Emma Gardner, Year 10, and Tiana Perry, Year 9

Congratulations to ...

- The Zone swimming team you did an amazing job in all your events
- Charles Marais, age champion for 13 years boys
- The open boys' volleyball and open girls' soccer on both progressing to the next round
- Alyssa Hutchings, Year 12, competing at Lismore in softball for Sydney North at the CHS carnival
- All those who competed at the swimming carnival for school last year and at the year 7 swimming carnival well done on your amazing efforts. The total scores for houses were: Charles 1,175 points, Harrison 1,009 points, Strickland 667 points and Taylor 625 points. Well done Charles!

Upcoming Events:

- Netball and touch football knockout has been postponed until next week due to wet weather
- Any student who was a member of the 12 or 13 years girls' 4 x 50, 12 years boys, 13 or 14 years boys 4 x 50, girls' 6 x 50 or boys' 6 x 50, please collect a permission note from Mr Ibarra
- Cross Country is on next Wednesday at Fagan Park. Years 7 and 8 will be running in periods 1 and 2, Years 11 and 12 will be running in periods 3 and 4 and Years 9 and 10 will run in periods 5 and 6
- Keep an eye out for more knockout sign ups which will be in the daily notices.

Chloe James and Zoe Anstee, Sports Promotion Officers

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4 March	Cross Country CHS
11 March	Boys' softball trials
13 March	Year 7 Gala Day
16 March	Girls' football trials
17 March	Sydney North Swimming Carnival
18 March	Hockey girls' trials
18 & 19 March	CTHS Athletics Carnival
19 March	Touch football boys' and girls' trials
23 March	AFL trials
24 March	Football boys' trials
27, 28 & 29 March	CHS swimming
30 March	Table tennis knockout
31 March	Rugby league trials
31 March	Hockey boys' trials
1 April	Netball trials

CAREERS UPDATE

Morrisby Career Profiling

Cherrybrook Technology High School implements a comprehensive career assessment program called The Morrisby Report. The Report focuses on career interests, abilities and some aspects of personality.

The intention is to provide an objective assessment of your son/daughter's strengths (to be viewed alongside their attainment at school). The results should prove helpful in understanding the direction of your son/daughter's talents and in making subject, course and eventually, career decisions.

More information can be found at http://www.careeranalysts.com.au/

Morrisby Profiling will occur on Friday 20 March 2015 for interested students in Years 10-12. A private provider will usually charge up-to \$250 for this testing. However, the cost through CTHS is only \$90. A twenty page personal report describing students' results, will be compiled and given to students at the Student and Parent Information Evening on Wednesday 22 April 2015.

Morrisby permission notes can be downloaded from the CTHS website:

http://www.cherrybrok-h.schools.nsw.edu.au/?page_id=2872_

Please return the completed note, with payment, to the student window before Wednesday 18 March 2015.

UNSW: Built Environment Parent and Student Information Session

Wednesday 25 March, 6.00pm – 8.30pm, a valuable information session where students can:

- Learn about degrees within the disciplines of Architecture, Design, Construction and Planning
- Hear about the career paths within the Built Environment
- Have any questions answered about studying at the faculty of Built Environment at UNSW

http://www.be.unsw.edu.au/Parent Info Night

UNSW: Creating Architecture – Talk by Vladimir Belogolovsky

Friday 13 March 2015, Chemical Sciences M1, UNSW Kensington Campus. Vladimir Belogolovsky's talk, Curating Architecture, was first developed for a lecture tour across universities in Asia and Australia in October and November 2014. The lecture examines some of the most critical and transformative events and tendencies in the culture of curating, exhibition making, and exhibition design from around the world. <u>http://www.be.unsw.edu.au/Curating_Architecture</u>

UTS Discover Sessions: Nursing and Midwifery

Discover Midwifery: Tuesday 14 April, 6.00pm Discover Nursing: Tuesday 30 June, 6.00pm Learn more about nursing or midwifery by attending an interactive workshop. http://www.uts.edu.au/future-students/health/about-health/events-and-brochures/discover-sessions

University of Western Sydney: Observatory Astronomy Nights

Saturday 28 February, 8.00pm – 10.00pm Saturday 14 March, 8.00pm – 10.00pm Saturday 28 March, 8.00pm – 10.00pm UWS Observatory, Penrith Campus The evening will include a presentation, a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory's telescopes. http://www.uws.edu.au/observatorypenrith/uws_observatory - penrith_campus/whats_on

Mrs Ferguson and Mrs Bower

Morrisby Profile.

The Morrisby Profile uses the concept of differential ability. This holds that the pattern of an individuals ability is an important ingredient in identifying careers which suit the individual.

Differential ability focuses on relative strengths and what kind of ability rather than how much ability an individual has.

Those planning to get a Morrisby Report on themselves should visit the Morrisby website and complete the <u>practice questions</u> for the Morrisby Profile.

Work Experience Program



The Program

Work Experience at Fire & Rescue NSW provides school students in Years 10 to 12 the opportunity to develop industry-specific and generic work skills in an authentic work environment at the State Training College, Alexandria.

The practical program covers the roles of Fire & Rescue NSW and its firefighters. Through this program, school students gain insight into the organisation and develop employment related skills to enhance their vocational education. The program is offered weekly during school terms.

The Topics

- Roles and responsibilities of FRNSW
- FRNSW employment conditions and recruitment information
- Fire behaviour and extinguishment (firefighting)
- Work Health and Safety
- Search and Rescue procedures
- Team work and communication
- Hose and hydrant drills including fire hose handling
- Motor vehicle rescue drill observation

Contact

FIRE & RESCUE NSW

Contact the work experience coordinator on:

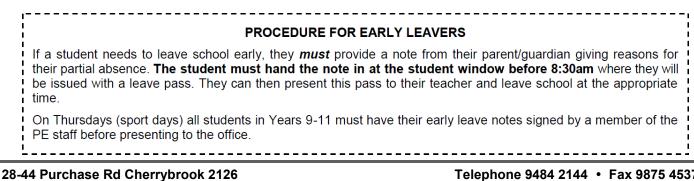
- 🗞 www.fire.nsw.gov.au
- workexperience@fire.nsw.gov.au

Work Experience – Fire & Rescue NSW



PREVENT PREPARE PROTECT







| **Trade** & | **Investment** | Resources & Energy

2014-2015 Family Energy Rebate

Apply before Midnight 16 June 2015

\$150* TOWARDS ENERGY BILLS

2 MINUTES TO FILL IN A FORM https://applications.fer.trade.nsw.gov.au/ * eligibility criteria apply

WHAT IS THE FAMILY ENERGY REBATE?

The Family Energy Rebate helps to cover the cost of energy bills for NSW households with dependent children. In 2014-2015 the rebate gives:

- Up to \$150 credit on electricity bills for eligible applicants who hold an account with an electricity retailer
- Up to \$165 direct payment to nominated bank accounts for eligible applicants who live in a residential community (caravan or mobile home park) and receive electricity from the park operator.

AM I ELIGIBLE FOR THE REBATE?

To be eligible you MUST:

- · Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

WHAT DO I NEED TO DO BEFORE I APPLY?

Before you apply, here's a quick checklist. Have you:

 Lodged your tax return for 2013-2014 with the Australian Taxation Office or informed the Department of Human Services (DHS) if you are not required to lodge a tax return?

APPLY

ONLINE

NOW!

• Received confirmation from DHS as to your eligibility for Family Tax Benefit A or B for 2013-2014?

HOW TO APPLY

- **ONLINE** it takes just two minutes to submit an application. Processing starts immediately.
- **PAPER** download a form from the website, complete and submit by email, fax or post. Use this form if you receive your electricity from the operator of the residential community where you live.

FOR MORE INFORMATION & ASSISTANCE

PHONE Service NSW 13 77 88

- EMAIL fer.program@trade.nsw.gov.au
- WEB www.resourcesandenergy.nsw. gov.au/info/familyenergyrebate

PARENT FORUMS

Understanding your

TEENAGER

Ku-ring-gai Council and KYDS invite parents of teens to a series of forums.

Forums are held from 6.30pm - 8.30pm

(registration from 6:15pm)

Ku-ring-gai Council Chambers, Level 3, 818 Pacific Highway, Gordon



MONDAY 23 MARCH: 5 STRATEGIES FOR TALKING WITH YOUR TEENAGER

Discover how to bridge the communication gap with your teenager. Tracy Tresidder, Senior Principal at <u>www.coaching4teenagers.com.au</u> will provide practical insights on how personality styles can affect parent-child relationships.

TUESDAY 5 MAY: ONLINE GAMING AND THE INTERNET -WHEN TO UNPLUG

If your family argues about computers, wifi, smartphones or tablets then this forum is a must! Dr. Philip Tam is a Sydney-based child psychiatrist with long-standing clinical, teaching and advocacy interest in internet and computer-related disorders.

MONDAY 15 JUNE: TRAINING THE BLACK DOG – HELP YOUR TEENAGER DEAL WITH HARD TIMES

Dianne Fletcher from Lifeline will share insights from her decades of experience in the mental health field, providing an overview of the signs to look out for and how to help those who are struggling. Kym Carlson, Clinical Services Manager at KYDS will speak on self-harming issues and strategies – including concerns around the copycat effect and the influence of social media.

MONDAY 3 AUGUST: ANXIETY AND ADOLESCENCE

Sue Carlson, psychologist and member of the Australian Psychological Society, has worked as a school counsellor and psychologist in private practice for three decades. She will deliver an informative presentation on the ways anxiety can affect teenagers and what action to take.

MONDAY 14 SEPTEMBER: DRUGS AND ALCOHOL – PUSHING THE LIMITS

The Youth Health Promotion Team from Health NSW will speak on drug and alcohol issues from an adolescent persepective. Emily Evenhuis is an experienced counsellor from KYDS and will discuss mental health and drug and alcohol dependence. Emily will also outline strategies to assist those families who are affected.

BOOKINGS REQUIRED

Ku-ring-gai Council Youth Services on **9424 0837** or <u>youth@kmc.nsw.gov.au</u>

More information KYDS 9416 9824 or <u>www.kyds.org.au</u>



FHE ACFING EXPERIENCE

The Acting Experience specialises in acting classes for:

- > CHILDREN'S DRAMA (for school years 4 to 6)
- YOUNG ADULTS (for High School students),

WHAT MAKES US UNIQUE? 2-HOUR CLASSES EACH WEEK

The Acting Experience also runs School Holiday Workshops in:

- › Primary School Drama Days
- Teenage Screen Acting

FOR MORE INFORMATION:

actingexperience.com.au info@actingexperience.com.au 0457 574 662

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CALENDAR - Term 1 Week 6B	
Monday 2 March	HSC Assessment Task - Food Technology
	 Junior Assessment Task - Year 8 Maths Exam (CAT1)
	 Prelim Assessment Task - Economics hand-in task
	Year 7 Bullybusters
Tuesday 3 March	 HSC Assessment Task Food Technology
	Excursion - Industry Bite
	 Aboriginal Studies Prelim Excursion (Year 10 students)
	 HSC Assessment Task ESL English - in-class essay
	 HSC Assessment Task Japanese Extension
	 Year 6 into 7 Information Night - 6-8pm, MPC
Wednesday 4 March	 HSC Assessment Task - Food Technology
	CTHS Cross Country
Thursday 5 March	 HSC Assessment Task - Business Studies short-answer task
	Prelim Assessment Task - Business Studies short-answer task - MPC
Friday 6 March	Year 7 Vaccinations & Year 8 catch-up Vaccinations
	Year 11 Interim Reports Emailed
	• Year 8 Clean Up Australia Day