

Term 1 Week 10B 1 April 2016

DEPUTY PRINCIPAL'S REPORT

Grease

The last performance of *Grease* was held on Saturday 19 March. There was certainly a feeling of excitement and energy among the cast and crew and the audience was not disappointed! Over 3,000 people saw the show and without doubt claimed that this was the best one ever! Everyone involved in the production should be congratulated as all the hard work and hours spent in rehearsals certainly paid off. For those who missed the show, pictures can be seen on our website under *Galleries*. A review has also been posted here, http://www.stagewhispers.com.au/schools/grease-0, written by a past CTHS Drama Teacher, Mrs Wimmer.

Year 11 Camp

A fantastic four days was spent in chilly Jindabyne. I am assured this added to the ambiance of the camp! While all groups made it to the top of Mt Kosciuszko, not everyone experienced the bush cook-out due to rain. The students were complemented on the way they participated in activities and for the enthusiasm they showed in the night activities. As usual, students have commented that this camp is one of the highlights of attending CTHS. Our thanks go to Mr Keating and Mr Sloan for their organisation of the camp and to the staff who attended.

Senior Examination Periods

The AP3 exams are well underway. The Year 12 students appear to be coping remarkably well with this very stressful time. Year 11 students are due to start their exams after the holidays. As this is the first time they will be sitting exams in the Senior School, it is timely to offer a few suggestions which enable students to keep the examination process in some perspective.

- 1. Prior planning is critical and may help to relieve stress towards the end of the exam period. Break things into sizeable chunks and remember to include some break times in your study timetable.
- 2. Family members need to be mindful of the expectations they place on their Year 11/12 child during this period. Some breathing space may be required to help them cope.
- 3. Studying with friends can be a good strategy to help each other through the preparation time.
- 4. Look after your physical health when studying; get enough sleep, eat good food and keep moving are all good techniques for looking after your physical well-being.
- 5. If you are overly stressed to the point you can't function, **seek help**. Speak to a teacher, your Year Adviser, a Counsellor or your family doctor, for help.

P&C News

The P&C Annual General Meeting was held on Tuesday night, 22 March. The new Executive Team includes the following parents:

President: Stephen Phillips

Vice Presidents: Rod Cuevas and Tim Spencer

Treasurer: Athula Perera Assistant Treasurer: Liz Groves

Secretary: Lakshmi Gopalakrishnan

Executives: AJ Kumar, Janice Marshall and Gavin Poole

At this meeting the Maths Head Teachers, Mr Woo and Mr Watson, presented an overview on the teaching of maths at CTHS. Their very informative presentation outlined the goals and strategic direction for the maths KLA, highlighting their philosophy of ensuring every student attain their personal best. If parents are not aware of the range of programs available, such as Maths Clinic (to help students who are finding maths difficult or who want to improve in maths), MathsPASS (a peer tutoring initiative) and a variety of extension programs, they should contact the school. The next P&C meeting is scheduled for Tuesday 3 May at 8pm in the staff common room.

P&C Initiative - School Fundraiser

The P&C has negotiated a sponsorship with Cherrybrook Village. When you spend \$50 or more in any Cherrybrook Village store, present your receipt to Centre Management, Monday to Friday between 9am and 5pm. Every receipt will earn points and, ultimately, money for the school. If customers shop over the weekend, they can take their receipts to Centre Management during the week. Further details are included in this week's *Network*.

Building Program

The long awaited building program is one step closer to starting. The Project Concept and Design was signed-off last week. This means drawings are now being prepared. Work is expected to start with the relocation of demountable buildings as soon as July.

Telephone 9484 2144 • Fax 9875 4537

Email: cths@cths.nsw.edu.au

Mental Health Seminar at Castle Hill

Some of our Year 10 students attended this event organised by Castle Hill High School. I think everyone recognises the impact that Mental Health has on overall performance. This seminar focused on trying to reduce the stigma associated with mental health and raise awareness of the issues surrounding youth suicide. A report by Selina Go is included later in the *Network*.

Youth Mental Health First Aid

The welfare team, comprising of Year Advisers, Head Teachers and Deputy Principals, is undertaking accredited Mental Health Training. This course delivered over four afternoons, is designed for those who have frequent contact with young people. It is most relevant in situations where it is first apparent a young person is developing a mental health problem. This course has been evaluated in a number of studies and found to increase knowledge about adolescent mental health, increasing staff confidence in offering help, decreasing stigmatising attitudes and improving application of the Mental Aid Action Plan if appropriate.

The Principal's Institute recently released the following information, which again reinforces the need for schools to understand mental health issues.

Mrs Bevan



Sew Creative!

The Stage 5 textiles, toys and costumes class finished their first project just in time for Easter. We were inundated with Easter chickens, all plump and colourful. This mini project enabled students to develop their machine skills with curved seams before tackling their major project, a handmade doll or clown. Sewing toys means working with tiny pieces of fabric and accuracy is essential throughout the construction process. Whilst we didn't manage to get them finished in time for the Castle Hill Show we did celebrate our mass hatching with a class photo.

Year 8 students have spent the term mastering the sewing machine and learning how to tie dye fabric to make into a quilt or quillo (this is a quilt which folds up into a pillow). The first quilts emerged this week and by the end of term we hope to be able to cover the entire railing with a 'Hanging of the Quilts' display.

Mrs Collins



Tarryn Galt - Mandala Design





Maddi Maconachie-Dykes -Easter Chicken



Tyler Mason - Traditional tie dye



Amy Sherlock and Kaye Leong -Spiral Tie Dye



























Year 11 Camp - Jindabyne

Vale Paul Brock

Many members of the Cherrybrook Technology High School community will know of the fabulous work in the field of education, of a former parent of our school, Dr Paul Brock, an esteemed educator, author, orator and thinker. Sadly, Paul lost his twenty-year battle with motor neurone disease last Friday and the educational community is much poorer for his passing.

Paul was a wonderful supporter of Cherrybrook Technology High and public education. Regularly, he would cite the work of the school and the positive impact of the quality teaching of our staff on his two daughters, Sophie and Millie, when addressing audiences across the nation, internationally or in his writing.

His achievements were vast despite his terrible disease and are briefly captured on the website of the University of Sydney which I have included below:

Dr Paul Brock AM FACE FACEL, Director of Learning and Development Research in the Office of the Director-General, NSW Department of Education and Communities and an Adjunct Professor in the University of Sydney's Faculty of Education and Social Work, as well as an Honorary Associate in the Centre for Values Ethics and Law in Medicine within the University's Faculty of Medicine. He is also an Honorary Research Fellow within the University of New England.

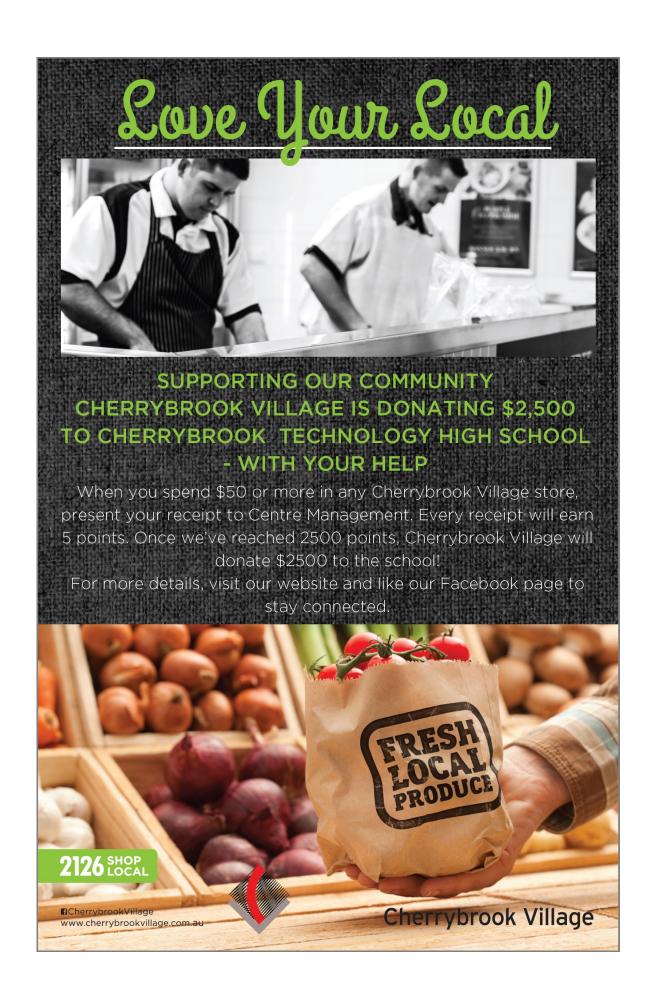
Dr Brock is a Vice Patron of the Motor Neurone Disease Association, NSW. He is a Life Member of both the English Teachers Association NSW and the Primary English Teachers Association Australia, and he is the inaugural Honorary Life Member of the NSW Secondary Principals Council. He is a Fellow of both the Australian College of Educators and the Australian Council of Educational Leaders.

Throughout his 47 year career in education he has been a school teacher, a deputy principal, an academic who has worked in Australian, British and North American universities, a policy advisor to Commonwealth governments, an author, editor, and public speaker. He has researched and published extensively, particularly in the field of English literature, language and literacy, but also in the areas of professional teaching standards and in the history of educational policy and practice. His more than 130 publications include single-authored, co-authored and co-edited books; monographs; chapters in books; refereed journal articles; and poetry. He has also delivered nearly 200 academic and professional papers to international and Australian conferences.

Paul was a great supporter of Cherrybrook Technology High, Public Education and someone I proudly called a friend. I'm sure the entire Cherrybrook community joins with me in extending our sincere sympathies to his wife Jacquie and daughters Sophie, Millie and Larissa.

Mr Johnson Principal





Year 7 Mathematics - Assessment Update

Due to the postponement of the Athletics Carnival to Week 5 of next term, the Year 7 Mathematics Common Assessment Task 1 (CAT1) has been rescheduled from Wednesday 25 May to **Friday 27 May.** Classes which do not have a mathematics lesson on that day will sit the test during a different class on that day. Details will be available on the assessment notification, to be released two weeks before the task. For any questions or clarification, please contact Mr Woo (edward.woo@det.nsw.edu.au).

Mr Woo

Young Men's Health Forum

On Friday 11 March, the Year 10 boys' class attended the Sydney West Young Men's Health Forum. This incorporated a full day of keynote speakers with real stories and unique perspectives on the various issues concerning young men's health.

Following each presentation, small groups were used to reinforce key principles, by stimulating discussion between students and providing students with practical tools to deal with these issues.

The boys enjoyed the day, particularly the small group sessions. It was also a unique opportunity for them to interact with other students from a broad range of high schools across western Sydney.

Mr Court



Youth Mental Health Forum

On Friday 18 March, students from Year 10 travelled to Event Cinemas, Castle Hill for the Hills Youth Mental Health Forum. Over 200 people attended this forum, including students from different schools, health professionals and guest speakers, gathering to discuss the importance of Mental Health. The forum aimed to eliminate the stigma surrounding mental health, raise the awareness of the issue of youth suicide and form mentors and ambassadors.

The forum was truly inspiring and informing, with guest speakers like Mel Greig and Matt Dee sharing their past experiences with us. Mel Greig discussed the experience of her unfortunate backlash and bullying she received from the royal hoax call and how she overcame it. Matt Dee shared his encounters with suicide in his family; his grandmother when he was young and then a few years later his brother and sister in the same year. Matt and Mel were diagnosed with different mental illnesses and explained to us how they dealt with it. Mental Health is such a vital issue and the forum has certainly helped us acknowledge the importance of maintaining good mental health.

We would like to thank Mrs Navarro for organising our attendance at the forum and Mrs Iacona for accompanying us to the venue.

Selina Go, Year 10





From the Library

Resource of the week http://theconversation.com/au

Your *Oliver* homepage not only lets you search for print and DVC resources (author, subject, etc) but gives you links to useful internet pages. This is highly useful because it saves you having to trawl through 1,000s of hits to locate a gem. The Conversation is a great site to browse for current events.

The Conversation is a collaboration between editors and academics to provide informed news analysis and commentary that's free to read and republish. Read their 'Who We Are' and 'Our Team' to meet the contributors.

Good for general browsing, many HSIE topics, CAFS, Society and Culture, Arts and, as they say, "free to read and republish" (but do keep details for your bibliography).

Mrs Sorensen

Cherrybrook Students Reach Artistic Excellence at the 2016 Sydney Royal Easter Show

This year a selected group of Visual Arts students from Years 8 - 11 were chosen to exhibit their artwork in the Arts and Craft exhibition at the Sydney Royal Easter Show.

Hundreds of students and artists enter the competition each year, with only an elite number selected and invited to have their work exhibited in this professional show. Cherrybrook Technology High School was fortunate enough to have all its entries exhibited. This is a huge honour and a great achievement for these students, who were professionally recognised within the art community.

Students' artworks consisted of hero portrait paintings, senior portraiture and ceramics. The quality and standard of the artworks was extremely high, resulting in two of our Year 11 students, Lizzy West and Chih-Yee Cheng, being awarded Highly Commended for their outstanding ceramic artworks, *Steampunk Teapot* and *Installation Pop Chess*.

I know you will join me in congratulating the following students for reaching such artistic excellence.

- Amrit Singh *Malala Yousafzai* (painting)
- Jade Hsu Troye Sivan (painting)
- Jana Van Rooyen Nelson Mandela (painting)
- Aditya Iyer Mother Teresa (Painting)
- Justin Kwok Barack Obama (painting)
- Amy Hill Meghan Trainer (painting)
- Alexis Masterson My Sister (painting)
- Chiara Strilakos Untitled (painting)
- Mathura Babu Untitled (painting)
- Hannah Goh Steampunk Teapot (ceramics)
- Lizzy West Steampunk Teapot (ceramics)
- Diane Kim Steampunk Teapot (ceramics)
- Chih-Yee Cheng Installation Pop Chess
- Irene Xiao Installation Pop McDonalds

The students' works were on exhibition throughout the entire Easter Show in Sydney, Homebush Bay.

Mrs Key, CAPA Teacher



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Art at the Sydney Royal Easter Show

Preliminary Aboriginal Studies West Head Field Trip

On the morning of Wednesday 23 March 2016, 24 intrepid Aboriginal Studies students set off into the sunshine to complete fieldwork at West Head. On this excursion we learnt a great deal about the 'Importance of Country' to Aboriginal people as well as learning more about how the Aboriginal people in the area used and managed land and other natural resources. It was a very worthwhile experience and a good time was had by all. We were fortunate to be joined by the Preliminary Aboriginal Studies class from Killara High School and valuable opportunities to learn and network were shared throughout the day. Particular congratulations are due to Erik Willison whose Anzac Biscuits were judged as the best in the inter-school Fieldwork Biscuit Making competition. Special thanks to Mr Caccamo, Mr Fernandez and Mr Brown for accompanying us on the day.

The Preliminary Aboriginal Studies Class of 2016







Year 11 Ancient History Excursion to the Museum of Ancient Cultures, Macquarie University

On Tuesday Week 10 the three Year 11 Ancient History classes visited the Museum of Ancient Cultures at Macquarie University. Handling artefacts and learning about our history hands on, this excursion acted as a window into the past putting perspective on life in the ancient world. This experience consisted of a university style lecture, a tour of the museum, inspection of genuine artefacts and a simulated Roman slave auction, all of which were an engaging and useful resource to the students in their studies for the AP1's. I highly recommend visiting the Museum if the opportunity ever arises.

Andrew Quattrocchi

This Tuesday, the Year 11 Ancient History students were given the opportunity to add to our understanding and knowledge of archaeology, history and science by visiting the Macquarie University Museum of Ancient Cultures. There, we were able to handle some real-life artefacts up to 4,000 years old, and also learnt about how sites are found and excavated by archaeologists. Lastly, everyone had a bit of a laugh as we were put into our own 'slave market', and had our worth as slaves judged, based on our first names alone! We all had a great time on the day and would like to thank not only the staff at Macquarie University, but also to Mr Hartman, Mr Keating and Miss Nguyen for organising the excursion for us.

Lottie Wills







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Premier's Debating Competition: Round 1 Year 11 Debating

On Tuesday 29 March Cherrybrook Technology High School's Year 11 debating team entered round 1 of the Premier's Debating Competition 2016, against Carlingford High School. This week's debating topic was, "that coaching colleges should be banned", with our team as the affirmative.

The debate was challenging and thought provoking. The adjudicator and audience agreed the CTHS team's argument was unadulterated. The decision reached was unanimous and we were victorious!

Overall, an outstanding and fantastic result and we look forward, with unabated anticipation, to the next debate.

Mrs Key





WEEKLY SPORTS REPORT



Sydney North Swimming Carnival

Congratulations to all of our athletes who competed at the Sydney North Swimming Carnival in Week 8. Some of our outstanding results were:

- Charles Marais once again performed excellently with numerous top two finishes including:
 - ♦ First in the 14 boys' 200 metre freestyle
 - ♦ Second in the 14 boys' 200 metre individual medley
 - ♦ Second in the 14 boys' 100 metre freestyle
 - ♦ Second in the 14 boys' 100 metre backstroke
- · Laura Boll achieved excellent results again:
 - ♦ Second in the 50 metre freestyle
 - ♦ Second in the 100 metre backstroke
- Andrew Koh, second in the 100 metre backstroke
- Anjana Kodithuwakku, second in the 15 boys' 100 metre breaststroke

Knockout Games

- Congratulations to the boys' open basketball team who defeated Balgowlah Boys High School 34-32!
- Unfortunately our boys' and girls' open volleyball lost against Riverside Girls (3-0) and Normanhurst Boys (3-1) respectively.

Sydney North Trials

This term features a multitude of trials for athletes seeking selection into the various Sydney North Teams. If you have any questions regarding these teams or trials, or wish to sign-up to attend them, please see Mr Vaux in the PDHPE staffroom.

Upcoming Events

Date	Event
Monday 4 April - Tuesday 5 April	CHS Swimming Carnival
Wednesday 25 May	CTHS Athletics Carnival
Thursday 26 May	CTHS Athletics Carnival (AM)

Emily Jones and Kurt Perry, Sports Promotion Officers

CAREERS UPDATE

Accounting Cadetship

An accounting firm, Walker Wayland NSW, is currently looking for someone to fill a cadet position starting in December 2016/ January 2017 in the audit division. The cadetship is conditional on the student gaining admission into a Chartered Accountants Australia and New Zealand approved university course. The candidate will be working full-time, with half a day per week allowed for attendance at lectures and tutorials, during university semesters. Contact a Careers Adviser for details.

Hobsons Course Finder Year 12 Survival Tips

http://www.hobsonscoursefinder.com.au/Latest-news/Getting-into-university/Year-12-survival-tips

HSC Preparation Courses, University of Sydney - Across a range of subjects

Complementary study skills courses designed to consolidate on the work covered by students at school and boost their HSC results. See https://cce.sydney.edu.au/courses/education/hsc

Studying? Should you pull an all-nighter?

https://www.myhealthcareer.com.au/career-university/should-i-pull-an-all-nighter-what-are-the-neuroconsequences

Top Reasons to Study STEM (Science, Technology, Engineering, Mathematics)

http://www.gooduniversitiesguide.com.au/Latest-news/Getting-into-university/Top-reasons-to-study-STEM#.VvMLkWc9J1s

Fire and Rescue Work Experience

Years 10 to 12 experience at the State Training College, Alexandria across all roles in Fire and Rescue http://www.fire.nsw.gov.au/page.php?id=764

STEM

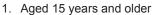
Changes to Police Officer Recruitment Process

- 1. No academic requirement minimum
- 2. Introduction of a University Certificate in Workforce Essentials
- 3. Entrance exam is now known as the Police Entrance Exam
- 4. Copies of transcripts and other mandatory documents to be certified by a Justice of the Peace.

Online applications via JobsNSW. A case officer will then contact applicants. http://www.police.nsw.gov.au/recruitment/home

MTA Apprenticeships Plus

MTA Apprenticeships Plus will be conducting a FREE two week pre-apprenticeship program for school students in the April School holidays. This is designed for students who are:



- 2. Thinking about taking up an automotive apprenticeship upon completion of high school
- 3. Seeking something to achieve, something rewarding, whilst on school holidays
- 4. During this pre-apprenticeship course students will complete the first seven Units of Competence from the Automotive Training Package, which they will then be able to use as Recognition of Prior Learning when they complete their schooling.

Mrs Ferguson and Mrs Bower



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Dural Medical & Skin Cancer Clinic



- Bulk billing
- Experienced staff
- State of the art
- Fully accredited
- Monday to Friday,8am to 6pm

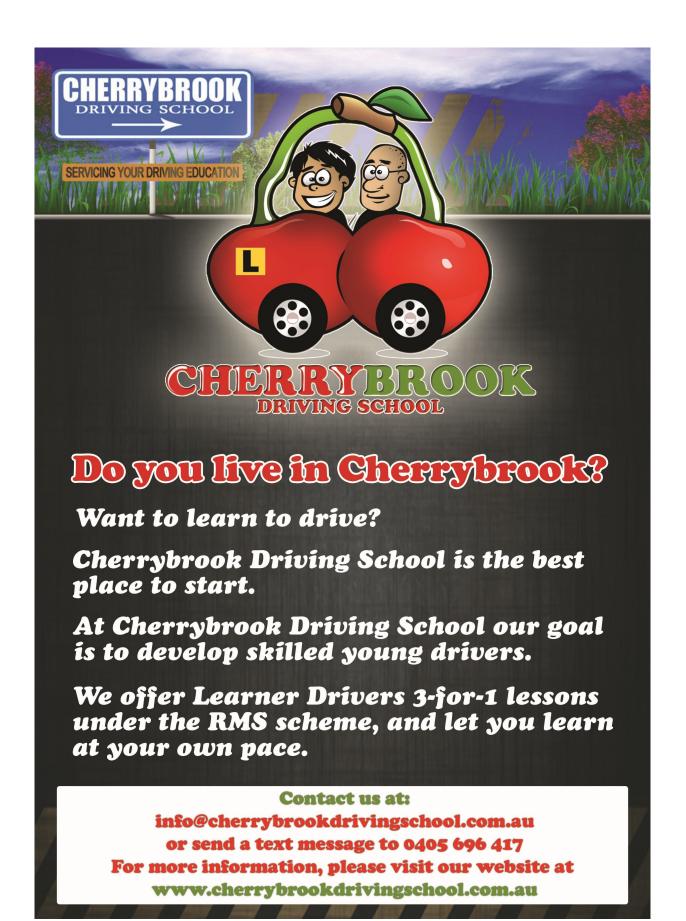
FOR ALL YOUR GENERAL PRACTICE AND MEDICAL NEEDS

7-8/506 Old Northern Rd, Round Corner, Dural, NSW

Online booking available or call 02 9002 5539 Visit our website www.duralmedical.com.au

SCHOOL REBATE

Mention 'CTHS' when making your appointment or print this advertisement and show at reception and the school P&C will receive a generous rebate



TASTE | PLAY | LEARN

ONE DAY WORKSHOPS IN INFORMATION TECHNOLOGY, INNOVATION, DESIGN AND ENGINEERING THAT WILL LEAVE YOU HUNGRY FOR MORE.



Game Design Workshop – Zero to Hero

Love games? Want to learn how to make one?

Meet our talented game developers who will teach you the fundamentals of game design and how a game is developed from scratch. The program is fun, fast paced and interactive. Using Unity as the game engine, you will get handson coding experience with C#. if you are into animation and 3D art, you'll experience the pure joy of digital painting using one of our 24HD Cintiq Wacom tablets.

Date: Saturday 9 April 2016 Time: 9am to 5pm

Location: Level 2, Cameraygal Building, St Leonards Campus

Contact: Seinwai, Chew@tafensw.edu.au

Cost: \$22

Lunch provided.



3D Workshop – design:build:play

This program is designed to support tomorrow's future leaders. Build a fun machine out of found objects and engage in this amazing competition against other teams.

Learn how to design and build 3D printed objects for use in a team built machine. You don't need to have any programming or 3D skills; as long as you bring your imagination and creativity we will teach you the rest!

Date: Saturday 9 April 2016

Time: 9am to 5pm

Location: Ground Floor, Cameraygal Building, St Leonards Campus

Contact: Chris.Sumners@tafensw.edu.au

Cost: \$22 Lunch provided.



Networking Workshop – The Internet of Things

Using a powerful platform, the Raspberry PI, you will be properly introduced to networking, communications, microcontrollers and the integration of technology with the environment. Yep, all that! You'll also have fun by giving "things" a voice, learning how to make them talk, how to listen, and how to talk back. Curious? The Internet of Things isn't about ideas that currently exist; it's about what could exist.

Date: Saturday 9 April 2016

Time: 9am to 5pm

Location: Ground Floor, Cameraygal Building, St Leonards Campus

Contact: David.Halfpenny@tafensw.edu.au

Cost: \$22 Lunch provided.

CALENDAR - Term 1 Week 11A	
Monday 4 April	Year 12 AP3 Exams
	CHS Swimming
Tuesday 5 April	Year 12 AP3 Exams
	CHS Swimming
Wednesday 6 April	Year 12 AP3 Exams
	Rock & Water External Training
	Year 11 Visual Arts Assessment Task
Thursday 7 April	Year 12 AP3 Exams
	Rock & Water External Training
	Year 11 Geography Assessment Task
	Morrisby Parent Info Meeting
Friday 8 April	Year 12 AP3 Exams
	Rock & Water External Training
	Term 1 Ends
	RSA Training - Lecture Theatre
Saturday 9 April	Japanese Study Trip until 22 April