

Term 3 Week 10A 23 September 2016

DEPUTY PRINCIPAL'S REPORT

Farewell Year 12 2016

This, the final week of school for the class of 2016, has been marked by class parties, photos, food and gifts. It culminated with the picnic at Fagan Park on Wednesday, an event that could not even be dampened by the weather. It is a great opportunity for Year 12 to celebrate with staff and relax as they head rapidly towards their final examinations. The theme for the day was 'B', with some fantastic costumes from students and staff alike; notably Bill and Ben, B1 and B2, staff Bumble Bees, as well as a few tongue-in-cheek awards presented by the Senior Executive. The behaviour of our students, as always, was exemplary and they are to be commended on the manner in which they conducted themselves.

Year 12 Graduation

One of the highlights of this fantastic week was the Year 12 Graduation Assembly where staff, parents and students celebrated one of the more significant milestones in our students' lives. It is always a pleasure to celebrate the success and achievements of our student body and also wish them every success for the HSC and their future. A huge thank you to the organisers who always manage to make this an excellent event, including the P&C, who provided the supper, the SAS Staff, who worked tirelessly to prepare the programs and certificates, the performers and Mr Fisher and Mr Monahan, who organised the whole event. Photos of the event can be found on our website as well as in this edition of *Network*.

Building Project Update

Finally, it has begun! The building project started on Monday with the first preparations for relocating the demountables. Over the course of the holidays there will be seventeen demountables moved around the school, making space for the construction of the new building. This is scheduled to occur after the HSC is completed. The final sign-off for the project is currently with the Department and we are hoping to have this finalised in the near future. Unfortunately, the project will mean students will lose the basketball courts as a play area during the works, although the upside is that it will be resurfaced when the building is complete. We will have access to the JPPS netball court after the holidays.

Charity Concert

This year, money raised from the Year 12 Charity Concert was donated to Rare Cancers, a charity close to the cohort. The concert, as always, showcased a variety of incredible skills and talents possessed by students. Yearbooks were distributed while students made their final farewells before heading home to prepare for the Graduation Assembly and Formal.

Year 12 High Achievers' Morning Tea

In what has been the theme of the week, on Tuesday we congratulated 30 students whose reports were the finest of their cohort. The food was magnificent and there was some earnest discussion about future plans and aspirations of these students. We are extremely confident this group of hard working and dedicated students will shine in the HSC and we look forward to sharing their results in December.

High Achieving students include: Georgina Banfield, Ellen Cameron, Doris Che, Sidath Dissanayake, Kaitlin Douglas-Gray, Jack Fu, Eduard Geyl, Amit Gopichand, Javvad Jaffry, Nikita Kapahi, Jin Su Kim, Charmaine Lau, Jayna Lee, Justin Lee, Janice Luo, Zali Mahony, Brendan McKee, Anuradha Narayan, Brendan Navaneethan, Harindu Obeyesekera, Wayanna Padukka Vidanalage, Taejus Pai, Nivshay Ram, Laura Stockwell, Dominik Strbik, Chris Swanepoel, Keshini Vijayan, Leo Xiang, Lauren Yanco and Zhuo Yeung.



(Doris Che & Brendan Navaneethan absent)

Year 8 Gala Day

On Friday, Year 8 enjoyed their annual Gala Day participating in a range of sports and activities where they competed as a class group. The coaches, who volunteered from Year 9 and 10, were fine examples of upcoming leaders as they motivated and inspired students to compete as young sportsmen and women. PE staff should be thanked for their excellent organisation of this event.

Raise Mentoring

The graduation of those students involved in the Raise Mentoring Program was held on Monday, with the ceremony consisting of Mentors and Mentees making a brief speech about their experiences. It was really pleasing to hear about the positive effects the program has had on both students and Mentors. After the ceremony a small morning tea was held where staff, students and Mentors were able to socialise and relax.

Chinese HSIE Study Visit

Last week a delegation from Hangzhou in China visited our school to learn about teaching techniques and assessment in HSIE subjects. The group were on a study tour encompassing most of the east coast of Australia, allowing them to visit many schools. The group were taken into many different classes and feedback on all the lessons revolved around the excellent teaching methods and how students enjoyed the content being delivered. A note of thanks to Mr Caccamo and Mr Searle, who organised for their staff to be observed.

Year 11 Peer Support Leaders Training

This week the existing Peer Support Leaders completed their training to become trainers and in turn, the new Peer Support Leaders have completed their training to be selected as leaders for 2017. They discussed what makes an effective leader and focussed on real examples of situations, which can occur in real life to use as scenarios when mentoring Year 7 students next year. The leaders were also given guidance on how to make sessions engaging and interesting to the Year 7 students. A big thank you to Mr Hind for organising these sessions and also to the outgoing Peer Support Leaders for volunteering their time to train the incoming group.

Cherrybrook Markets

Cherrybrook Markets are on this Saturday in the Piazza from 9am - 2pm. There will be a range of stalls, focussing on quality, handmade local products. You will be able to purchase; art and craft, jewellery, fashion, homewares, skin care products, plants, fresh produce and food and much more.

Commencement of Term 4

A reminder, all students resume school on **Monday 10 October** and are required to wear full **summer** school uniform for the remainder of the year.

Mr Townsend

8T Special Interest Project Presentations

What a fantastic event! It was wonderful to see such an enthusiastic group of students and a room full of proud teachers and parents, to hear the wonderful ideas based around the theme of *Small Idea, Big Impact*. The judges, Mrs Bevan and Mrs Howard, were placed in the unenviable position of choosing a winner. After strictly applying the criteria to each presentation, so that they could be separated, *UnBlu* was declared the winner. Sophia Koller, Annalise Pringle and Ashley Kua, looked at the impact of blue screens on sleep and mental health. They looked at numerous solutions to the issue of reducing the blue screen effects on the brain and came up with an excellent marketing pitch which included education, Instagram, a website and TV advertisement to launch their product. Two groups were given Highly Commended, *BioS*, a biosensor designed to help people with physical disabilities, and *Tranquillum*, a watch-type devise which enables stress levels to be monitored in teenagers and enables stress to be managed. These groups were comprised of, Zaki Razi, James Gair, Rajat Chatterjee, Nathan Lyme, Shakila Muthukuda, Simran Keswani and Trisha Paul. All groups should be commended on the research presented and quality of presentations.

Mrs Bevan











Year 12 Picnic Day



















Tell Them from Me Partners in Learning Parent Survey Reminder

A quick reminder to all parents about the Partners in Learning Parent Survey, which is currently open. This survey provides an opportunity for you and your children to give feedback about our school. This information is vitally important to ensure we continue to meet the needs of our parent community. In addition, the information you provide helps us as a school with strategic planning for the future. Your responses are totally anonymous and will only take approximately fifteen minutes to enter. The survey will remain open for the two weeks of the school holidays. The direct link is as follows https://nsw.tellthemfromme.com/5w28q

Thank you in anticipation for your support with this important initiative.

Mr Clements

Gold Awards

Congratulations to the following students who have achieved Gold Awards. These Awards will be formally presented at the appropriate end-of-year Assemblies.

Caitlin Preston Matthew Barrett

Year 10 Year 10



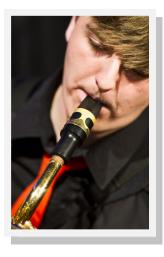
















Telephone: 9484 2144 Email: cths@cths.nsw.edu.au

Silver Award

Congratulations to the following student who has achieved a Silver Award. This Award will be formally presented at the appropriate end-of-year Assembly.

Taylor Catts

Year 9



Northern Sydney Public Health Unit Adolescent School Vaccination Program 2016

When: Monday 10 October 2016

Year 7: Human Papillomavirus Vaccine (Dose 3)

Catch-up: Human Papillomavirus Vaccine Diphtheria-Tetanus-Pertussis

Dear Parents/Guardians

If you would like information on the School Vaccination Program in languages other than English it can be found at:

http://www.health.nsw.gov.au/immunisation/Pages/school_vaccination_language.aspx

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the School Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure this record is kept for future reference and should not assume their child has been vaccinated if they do not receive this Record of Vaccination.

On the day of the vaccinations, students are advised:

- To ensure they have breakfast on the day
- If they are nervous, to talk to their teacher (this could also include their Year Advisor, Stage HT, a chosen classroom teacher or Mrs Navarro)
- They will be given a record of vaccination by the nurse, which is to be taken home to parents (it may be required at a later date, eg when starting work/work experience or travel)
- To bring a book or ipod with them as a distraction
- After their vaccination, they will be asked to sit quietly for fifteen minutes for observation before returning to class.

If you have any other queries regarding your child's immunisation history, please contact Northern Sydney Health on 9477 9400.

Mrs Navarro, HT Student Programs

Mathematics Teacher Education Prize

Congratulations to Mrs Halliday for being this year's recipient of the Teacher Education Prize, which was presented at the Mathematical Association of New South Wales' (MANSW) annual conference. This prize was awarded for outstanding performance and positive interest in promoting quality mathematics teaching and learning. Mrs Halliday was nominated by Dr Anne Prescott, Associate Professor at the UTS Faculty of Education.

Mr Woo



Aladdin Excursion

Seventy three lucky CTHS students and three CAPA staff had a school day to be envied by many on Wednesday 14 September. Hopping on a bus at the conclusion of period 1, this happy bunch glided into the ornate foyer of the Capitol Theatre before being seated to enjoy a piece of musical theatre of epic proportions, complete with a flying carpets as well as a psychedelic genie cave, to name a few exotic locations.

Here's what Ben Wong, Year 10, had to say about the experience:

"We all love happy endings and *Aladdin* was no exception. Last Wednesday, Mr Felton, Ms Holt and Ms Cannon's music, dance and drama classes saw this Broadway hit musical at the Capitol Theatre. It was unanimously agreed upon afterwards that there couldn't have been a better example of live musical theatre, choreography and acting. From its celestial reproduction of *A Whole New World* to witty meta-humour (yes, Vegemite jokes just for us!), the musical was more visceral than any experience in cinema today could be. The classes gave resounding eleven-out-of-tens. The CAPA staff couldn't have organised a more worthwhile excursion."

Thanks to Ms Holt for having an eye out to ensure we got to this one. A great time was had by all.

Ms Cannon

2016 CTHS MasterChef Challenge winner!

Brittany Ross has worked consistently and diligently to win this year's challenge only losing half a point along the way. Well done Brittany on your quiet determination!

Mrs Robinson

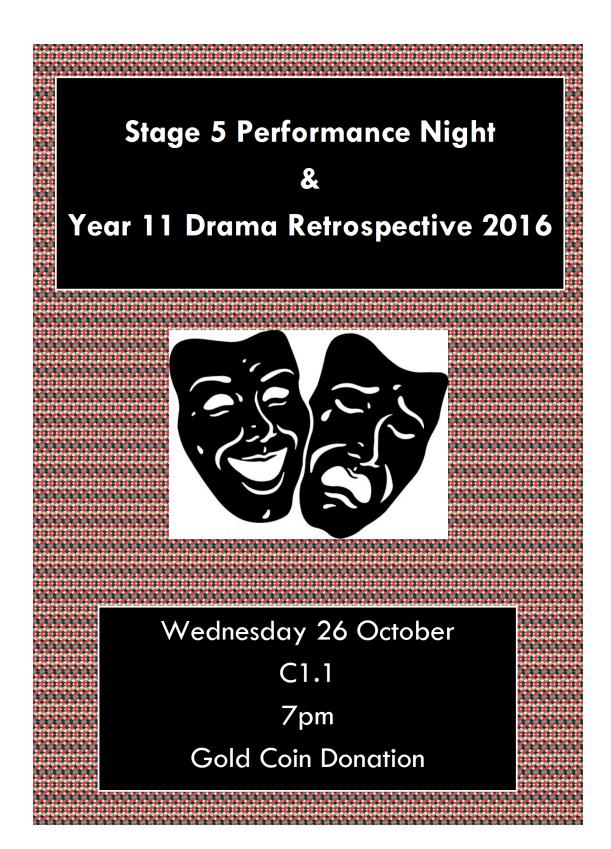


Year 7 Rock and Water Program

This term, Year 7 core classes L, G, Y and B, have been taking part in the final sessions of Year 7's Rock and Water Program with Mr Hartman, Ms Key and Ms Goykovic. They've been expanding on the core concepts of standing strong, keeping centred, breathing and working on interacting with each other assertively as opposed to aggressively. They've spent time this week particularly exploring and discussing boundaries, both physical and otherwise and have also engaged in a Chinese Boxing Competition to help their coaching and reflecting skills. All classes applied themselves diligently and are to be congratulated. The other Year 7 core classes will run through the last sessions of the program in Term 4. Rock and Water has been taught here at CTHS since 2012 as an anti-bullying/anti-conflict and resilience program. With increased trained staff we will be expanding the program next year to incorporate some boys and girls in Stage 5.

Mr Hartman





PROCEDURE FOR SICK STUDENTS

Students who are sick during class should see a teacher for written permission to go to sick bay. They must present themselves promptly to the **front office** and politely follow instructions from the office staff, who will then contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents in the first instance. **Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.**

From the Library

The library has celebrated spring and football with displays to highlight these events. Not that you can play ball or pick colourful blossoms in the library, but you can pursue your interests.

Just when you are getting used to genre-based shelving and know where to find all your favourite subject resources, we are going to box the collection and store it for a few weeks. Why? The renovations! For you this means no borrowing until we reopen. Week 7 next term is the magic moment, if renovations run according to the timeline. You can continue returning any resources you no longer need and renew what you would like to keep longer.

Online resources and DVC will still be available. Rediscover 'Moodle'; select the library and see what you can access: Plain-English Economics; Current Social Issues; Current Environmental Issues; Issues in Society; World Book Online. The Sydney Morning Herald is available online in school hours. Teacher-librarians will still be able to assist you in finding electronic resources you need.

Your local libraries and their services are also there for you. Besides being a community facility they aim to support students, so visit them!

We wish you a holiday, both restful and stimulating, with time for active pursuits and time to enjoy a book, or two or many.

Ms Halder







Peer Support Training

Peer Support Training was conducted across Wednesday and Thursday, with a large number of Year 10 applicants involved. Students were split into small groups to complete a range of training exercises and activities, as a means of developing particular skills. These skills included, flexibility, co-leading, resilience and many more traits crucial to being an effective Peer Support Leader. The current Peer Support Leaders facilitated the activities and it was obvious this year's applicants were an extremely passionate group, evident by their participation and enthusiasm during the training sessions. After being rewarded with pizza for their excellent efforts across the two days, the Year 10 applicants successfully completed the first part of their training and now await news of their possible selection as 2017 Peer Support Leaders. Congratulations to all students for completing the first stage of their training and on behalf of the outgoing Peer Support Leaders, we wish you luck!

Hansika Muthukuda







School Attendance Whilst Unwell

If a student is unwell they should **NOT** attend school for any reason! Attending school whilst sick will affect recovery and jeopardise the health of others.



CP is caused by a brain injury or trauma during foetal development (when a baby is in utero) or during/shortly after childbirth. The term is used to encompass an range of disorders. It is not necessarily stagnant & can change (get better or worse) over time with a lifelong diagnosis. Manifestations of the disability can include; poor muscle control, speech difficulty, poor muscle tone, balancing difficulties & problems with







There are different types ...

An individual with Cerebral Palsy does not necessarily require a wheelchair and they don't always require assistance to communicate or carry out day to day activities. CP can be classed based on "type of movement" & body part involvement.

Steptember in September has been created by the Cerebral Palsy Alliance to raise awareness and funds for individuals with cerebral palsy. Feel like doing something nice today? Sprinkle a little bit of generosity over here ... https://event.steptember.org.au/donate





FACTS & FIGURES

* Every 15 hours, a child is born with CP There are approx. 34, 000 fantastic people with CP in Australia There are approximately 17 million wonderful people with CP, Worldwide

*Every student in NSW Schools has the right to access mainstream high school classes, including students with CP.

* Negative connotations associated with the word "Spastic" used once by the associations played a hand in the formation of a new name - The Cerebal Palsy Allliance

Year 10 & Mrs Somasundaram



School Student Transport Scheme Applications open 10 October 2016

From Monday 10 October 2016 parents, guardians and students over 16 years, will be able to apply for 2017 School Student Transport Scheme (SSTS) travel pass by visiting www.transportnsw.info/school-students

Information for parents and students

School travel passes only need to be updated when a student:

- · Changes address, or
- · Changes school or campus.

A new application is required when:

- Applying for an SSTS pass for the first time,
- Enrolling in Kindergarten,
- Progressing from Year 2 to Year 3,
- Progressing from Year 6 to Year 7, or
- Requesting an additional pass as a result of a new shared parental responsibility situation.

For more information on planning your school travel, visit <u>www.transportnsw.info</u> or contact your local operator.

Passes for 2017 travel

Opal network: Please remind ALL your students to keep their School Opal cards for travel in 2017. These cards will be automatically deactivated for school holidays and then reactivated for school travel in term one. Current School Opal card can be updated with changes of school, home address or operator.

Rural and regional travel: Student's travelling with operator issued passes will receive a new pass in the new school year.

Transport for NSW Tel: 8202 2200 Fax: 8202 2209 18 Lee Street, Chippendale NSW 2008 | PO Box K659, Haymarket NSW 1240

WEEKLY SPORTS REPORT

NSW Combined High Schools Athletics Carnival Results

Girls	Event	Place
Courtney Cattell	Girls' 17+ years long jump	Sixth
Kate Collett	Girls' 15 years shot put	Fourth
	Girls' 15 years javelin	Seventh
Katie Devitt	Girls' 16 years 100m	First
	Girls' 16 years 200m	First
Emily Jones	Girls' 17+ years 100m hurdles	Sixth
	Girls' 17+ years 400m hurdles	Ninth
	Girls' 17+ years triple jump	Eighth
	Girls' 17+ years pentathlon	Eleventh
Ellen Berios	Girls' 15 years relay	Seventh
Kate Collett		
Rachel Ingram		
Danielle Osifo		
Katie Devitt	Girls' 16 years relay	First
Ella Fountaine		
Aurora Henke		
Emma Searle		

Boys	Event	Place
Scott Chapman	Boys' 15 years javelin	Fourth
Declan Pluim	Boys' 17+ years high jump	Second
Rahul Desai	Boys' 13 years relay	Fifth
Alex Durheim		
Cameron Mitchinson		
Devan Senasinghe		









Year 8 Gala Day

Congratulations to all Year 8 students for participating in the Gala Day on Friday 23 September!

Year 8 Life Saving

A reminder to all Year 8 the Life Saving Program will be held during Weeks 3 and 4 of Term 4. All Year 8 students must choose the correct group during their PE lesson.

Sports Assembly

A remind to everyone the upcoming Sports Assembly will be held next term. Students can check the Awards list, which is located on the PE notice board.

Georgia Clements and Jack Dickinson, Sports Promotion Officers

CAREERS UPDATE

Congratulations to Year 12 students on their completion of school!

A reminder: on-time UAC applications are required to be lodged before the end of September. Applications cost **\$41** for 2016 Year 12 students and **\$67** for non Year 12 applicants, until Friday 30 September 2016. They will then increase to \$166 and \$192 respectively.

Most major universities are open again early January for students to discuss choices, once they know their ATAR. See respective universities' websites. Mrs Bower and Mrs Ferguson are available to discuss post-school options. Please email for an appointment.

Eye on My Future Program

The Eye On My Future Program allowed 9 students from CTHS and 21 students from four other schools to experience, explore and talk to many different employees, such as Dwain Goodman, Senior Manager Catering and Licensee, Sydney Showground. We also had the opportunity to visit a number of businesses, such as Microsoft, Woolworths, Novotel Norwest, Bedford College and Boing Central. One of the main highlights of the week was going to visit the Woolworths Support Offices in Norwest. Here we were allowed to look around the open plan offices, gym, testing kitchens and talk to some of the employees. We asked them questions relating to success and why they think they are successful. The Eye On My Future Program taught me that in order to be successful you have to do something you love and that no matter what you do, if you enjoy it, then you are successful. Overall, the program was an amazing experience. I thoroughly enjoyed it and learnt a lot.



Kaylin Chapman, Year 10

Congratulations to Ashton Sowden

Ashton has just completed a Stage 5 course in Café Skills at TAFE. He has also been successful in securing a School-based Apprenticeship in Commercial Cookery at Muirfield Golf Club. He has already started working there part-time and writes about his experience:

"I have really enjoyed my TAFE experience. Doing TAFE has its ups and downs, practicals are always up and theory lessons may be down, but all was lots of fun. Working in my apprenticeship is harder than I expected. I enjoyed making an antipasto palette and many other foods under the direction of the chef. I have received my own knife kit and chef outfit. The tip that I have been given for surviving the hospitality industry is *Be loud, be proud and don't quit!*"



Ashton Sowden, Year 10

The Youth Pathways Network (YPN)

The YPN has recently released its *free* Careers Resource Book, which is currently being rolled out across schools in NSW/ACT. Download the book here www.youthpathwaysnetwork.com.au/resources

Australian Rugby Development Centre

This project will see UTS co-locate with Australian Rugby Union in a new building at Moore Park, which will be completed by 2018 and is set to be a sporting and education hub. http://newsroom.uts.edu.au/news/2016/08/game-changer

Macquarie University Taster Day

Tuesday 27 September 2016, 10am - 3pm, Macquarie University, North Ryde. There will be the option to attend lectures, tutorials and practicals on a range of subjects from Public Health to Engineering, Mathematics and Chemistry. The event is open to Year 11 and 12 students and registrations can be made online.

http://www.cvent.com/events/taster-day-science-medical-and-human-sciences/event-summary-0183dbd2dd054d3080678d421d2410f7.aspx

UTS HSC Live Q&A's - UTS Ultimo, 6pm

Advanced English: Monday 10 October
Biology: Monday 17 October
Mathematics 2 Unit: Tuesday 18 October
Mathematics Ext 1: Monday 24 October
Business Studies: Tuesday 25 October
Economics: Thursday 27 October
https://www.facebook.com/UTSEngage/events

AIE Work Experience

AIE offers work experience programs for students in Years 10-12. Sydney campus has no vacancies left for 2016. Get in early for 2017. http://www.aie.edu.au/StudentInformation/workexp

Mrs Ferguson and Mrs Bower

Do you want to make a difference in the life of a child?



Local foster carers needed

Family and Community Services are seeking people in the local area to provide short term and crisis foster care for children and young people 0–18 years that are unable to live with their own families.

Individuals, couples and families from varied backgrounds and cultural groups are required.

Aboriginal and Torres Strait Islander people are encouraged to apply.

All carers receive training, ongoing support and financial assistance.

If you are interested in making a difference and helping children reach their full potential, please call 02 9765 5000 or email fosteringwithfacs@facs.nsw.gov.au







SUPER SUMMER OF FOOTBALL IS COMING TO PENNO FC FROM TUESDAY OCTOBER 11!

REGISTER YOUR TEAM NOW!

Further details and registration in link on : www.pennofc.com.au

Competition is open to all ages, Minis – Seniors

Starts on Tue Oct 11— Fri Dec 16.

See website for details on the night your age competition is running.

Registrations due by Tuesday September 27.

Any questions to: pennanthillsfc@gmail.com



PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they *must* provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8.30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 must have their early leave notes signed by a member of the PE staff before presenting to the office.

	CALENDAR - Term 4 Week 1B
Monday 10 October	Year 7 HPV Vaccinations - dose 3
	Catch-up Vaccinations - HPV & DTP
Thursday 13 October	HSC Exams Commence
Friday 14 October	Year 11 Presentation Day Assembly (please note date change)
	 Year 10 Maths and Science Assessment Tasks

Telephone: 9484 2144

Email: cths@cths.nsw.edu.au