

PRINCIPAL'S REPORT



Welcome to 2018

A big welcome to all parents and students to the 2018 academic year after what I hope was a restful and enjoyable holiday. I especially welcome our new parents who have children commencing at Cherrybrook for the first time this year. I sincerely hope your involvement with Cherrybrook Technology High will be happy and beneficial.

Eddie Woo Australian of the Year Local Hero

I am sure that by now all members of the Cherrybrook community are aware our Head Teacher Mathematics, Mr Eddie Woo, was named Australian of the Year - Local Hero, by our Prime Minister, Malcolm Turnbull, in a glittering ceremony which was televised directly from Parliament House in Canberra on the eve of Australia Day.

This is an extraordinary, but well deserved honour for Eddie, whose Wootube Mathematics Channel is a huge hit nationally and internationally. I'm advised that Mr Woo is the only teacher to have ever been given this award, which of course makes it all the more special. Prior to receiving his 'gong' from the Prime Minister, Mr Woo had been the choice of the NSW premier Gladys Berijiklian to give this year's NSW Australia Day address at the Conservatorium of Music last Tuesday 23 January. In front of a star studded line up which included the governor, David Hurley, previous governor, Marie Bashir, the Premier, a number of ministers, past Premiers, a range of Department of Education heavyweights and quite a few members of the Cherrybrook Community, parents, students and staff, he gave a wonderful oration, detailing what being Australian means to him. The talk was widely reported in the press and the transcript is available for reading via the following link <https://www.australiaday.com.au/events/australia-day-address/2018-speaker-eddie-woo/>. I would also like to congratulate Mrs Denise Halliday from our Mathematics Department, who gave a wonderful vote of thanks at the end of proceedings. A superb presentation which left me, as Principal of Cherrybrook Technology High, glowing with pride.



Outstanding HSC Results

A review of the 2017 HSC revealed many, many outstanding results. Chief among the many excellent performers were the fifteen students who achieved results, which led to each of them being recognised in the All Rounders Awards. These students are: Sanjeev Desai, Nadia Fathinia, Amanullah Haidary, Candice Jackson, Rachel Kua, Brinda Kumar, Kate-Lynn Law, Dillon McGrath, Hansika Muthukuda, Yasheeka Patel, Jay Sanghvi, Michelle So, Tiernan Thorne, Terrence Wong and Haimeng Zheng, who each scored a band six (or the highest band available) in each of their courses of study.

We also had five students who achieved a top twenty place in three separate courses of study; Hansika Muthukuda, achieving first place in the advanced English course; Elizabeth West, tenth in Drama; Karen Huang, third in Food Technology; and Hemanshi Kumar and Caitlin Preston in Aboriginal Studies.

Finally a number of students, whose HSC Major Works have been included in major exhibitions by NESA include, David Lee, ARTEXPRESS; Bailey Hamilton, InTech; and Dharshan Naidu and Jessica Panetta, Shape 2017.

An analysis of students' ATARs, which the school has been able to gather, revealed at least six students scored ATARs greater than 99 and approximately 100 students scored ATARs greater than 90. In total 146 students from the class of 2017 were recognised on

NESA's Honour Roll for a total of 374 credits.

Each of these students and their parents, will attend a special Awards Ceremony at the school on Friday February 16 to celebrate their success.

Pleasingly, beyond these students, we also had the vast majority of Year 12 students achieve their personal goals and gain entry into the course of their choosing or commence work in their field of interest.

New Staff for 2018

We are fortunate to have a number of enthusiastic new staff members join the teaching team at Cherrybrook this year. They are:



Alison Gatt
Deputy Principal



Jack Bracken
HSIE / English



Mel Rochfort
English



Jasmin Zhang
Mathematics



Cassandra Luu
Mathematics



Dianne Staines
Science



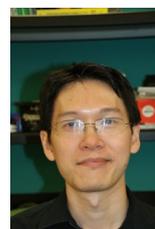
Mel Rhodes
English



Brad Pathuis
Mathematics



Bharti Sharma
Mathematics



Wayne Saw
Mathematics



Qing Tang
LOTE

School Uniform

It was really pleasing to sit in the MPC at our recent assemblies and see our students return for the beginning of the academic year so well attired.

Students looked marvellous in crisp new uniforms and appropriate black leather shoes. It is now most important that this wonderful standard be maintained throughout the year. Parental support of our school uniform policy is vital.

School Photographs

Reminder to all students and parents our annual school photographs will take place on Monday 12 and Wednesday 14 February. These photographs serve as a wonderful memento of school life and are great to look back upon in future years.

School Contributions

Please be aware that school contributions will be due in the very near future. A full costing of elective contributions, and the general contribution, will be emailed home.

Funds raised are necessary for student electives to continue in their current format, while the general contribution supports a variety of student programs and needs, including the purchase of the most appropriate texts and resources to support student learning. Parents will note the P&C contribution, which is also included on these schedules. The P&C do not engage in significant fund raising activities. Twenty-five years ago the parent body determined the best way to support resources for students was via a levy rather than have a few individuals constantly leading fundraising activities with varying degrees of success. This policy has served the P&C very well and I would ask you continue to support this practice.

It is most fortunate that our parents and community do so strongly support the school and value the education their sons and daughters receive. We need this support to continue in 2018 particularly as we pay to cover our new multi-purpose courts and improve our landscaping around our new buildings.

Year 7 Swimming Carnival

The Year 7 swimming carnival will take place on Friday 16 February at Hornsby pool. All students have been issued with a permission note and parents are reminded that carnival day is a normal school day and all students are expected to attend.



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P&C Meeting

The first major P&C meeting for the year will be held on Tuesday 6 February commencing at 7.30pm in the school common room. During the course of the evening there will be, amongst other things, a presentation on our recent HSC results. All parents are invited, indeed actively encouraged, to attend the P&C meeting.

These evenings are a great opportunity to have some input into the direction of the school, meet with other parents and to hear of new developments within the school. I'm certain our present members will make all newcomers feel most welcome.

Student Numbers

As I write this we currently have 1990 students enrolled in the school. This number is slightly greater than the 2017 cohort. Once again we are the largest Government high school in the state and in my view the best!

BYOD

Many thanks to all our parents who have provided a computer for their child to use at school on a daily basis. The response to the school's request has been absolutely overwhelming and it is fantastic to see virtually all students equipped with appropriate learning devices.

Valentines Day and the SRC

Valentines Day is once again on the horizon and as in past years the Student Representative Council will be selling roses as a fund raising exercise. The SRC has determined all funds raised this year will go toward Heart Kids in support of Sweetheart Day.

Wall Calendar

All students have now been issued with our school wall calendar. Please keep this poster in a handy place and note the important dates which will affect your family.

Building Progress

Since the end of last year we have seen some significant progress on our building works. The new building is nearly complete to lock up stage and interior surfaces are now being undertaken. At this stage students should be occupying the building by the beginning of Term 2. Landscaping and refurbishment of the multi-purpose courts will then commence.



In other exciting developments a two storey relocatable building was placed on site early in January. This is a marvellously designed and constructed building and should be ready for use as a staff study by late March. This building will help to alleviate staff overcrowding and will dramatically improve working conditions for our teaching staff.



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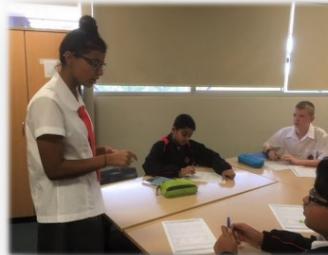


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Peer Support

Since starting at Cherrybrook Year 7 students have been plunged into school life. This big step has been aided by our wonderful Year 11 Peer Support Leaders who have done a marvellous job of organising activities and supporting students to feel comfortable in our very large school. The activities included getting to know each other, finding their way around the school, identifying staff who can provide support, being organised and understanding the school rules.

My congratulations are extended to Mr Hind and our Year 7 Advisers for their fabulous organisation of the program.



Cherrybrook Alumni Association

Membership of the group continues to grow, as do the skills and expertise new members bring to this fabulous initiative. The next major event for the association is a function for all the past captains. This function will take place on Tuesday evening 20 February at the school. Any former captain of the school, who has not yet responded to the invitation, should contact our Deputy Principal, Mr Clements, via the school email, cths@cths.nsw.edu.au.

Congratulations to...

- The following Year 12 students, who capably assisted an elderly gentleman who had a major fall at Cherrybrook Village, requiring an ambulance and urgent attention: Jamison Bonifacio and Ewan Forrester.
- Thomas Pellow, Year 11, who represented the NSW U16 Baseball team, competing at the National Youth Championships. NSW won the National title against Victoria 3-2 and played the entire tournament undefeated.

Mr Johnson



Jamison Bonifacio



Ewan Forrester



Thomas Pellow

PROCEDURE FOR SICK STUDENTS

Students who are sick during class should see a teacher for written permission to go to sick bay. They must present themselves promptly to the **front office** and politely follow instructions from the office staff, who will then contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents in the first instance. **Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.**

PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8.30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 must have their early leave notes signed by a member of the PE staff before presenting to the office.



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CAREERS UPDATE

Time to Set Some Goals

Goals are good. Going through the process of setting goals can combat anxiety, improve mental focus and increase your chances of successfully getting what you want. If you don't know where you're going, it's unlikely you'll get anywhere. Imagine hopping in the car or on the bus without knowing where you want to go, you'll just end up back at home. Get a plan, write down some goals and see just how far you can go.

There are Three Types of Goals

You can make a plan for the short, medium or long term.

Long-Term Goals

Think five to ten years into the future or even further, to set your long-term goals. While you're still in high school your long-term goals might include establishing an exciting career, buying a house or traveling overseas.

Medium-Term Goals

We're talking between one and five years here. Work out what needs to happen in the next year or two to help you achieve your goal. In high school, medium term goals might include saving up for a car, finding a part-time job, being selected for School Captain or a sports team or achieving better marks.

Short-Term Goals

What do you want to achieve in the next few weeks or months? Short-term goals should be clear and achievable, and could include something like trying a new skill, passing an upcoming exam or cleaning out your room.

Setting Goals is a Simple Process

We've already established that having some goals is a good idea, so how do we actually go about setting them?

Step 1: Start by sitting somewhere quiet with a notepad and pen

You might also want to have a calendar handy, so you can work out what needs to happen and when.

Step 2: Imagine what you want your life to look like in the long-term

Are you busy and successful or have you travelled to lots of different places? Do you work behind a desk or do you want to work with your hands? Do you have any personal goals which will take a long time to achieve, like climbing Mt Everest or graduating from university? Write down your long-term goals.

Step 3: Ok, now we look at what needs to happen sooner

What do you need to achieve in the short and medium term in order to reach your long-term goals? Say you want to become a successful tradie, do you need to do any pre-apprenticeship courses or should you build your resume before applying for apprenticeships?

Then think about any goals you want to achieve that won't take quite so long, like learning how to cook or winning your sports team's best and fairest award.

Make sure you write these goals down too.

Step 4: Use your goals to create a plan

Goals are all good, but without a plan you might find it hard to get there. A goal is your destination, the plan is the directions.

Start by working out how long you think it'll take to achieve your medium and long-term goals. If you have a definite end date, like an entry deadline, write that down as well.

Then work out the little steps you need to take along the way. You may need to enrol in a course or start training. Put due dates on these items and add them to your calendar and to-do lists. If you don't already have a to-do list, try using [Asana](#) or [Google Keep](#), they're both free apps and they help you set and keep your goals.

Step 5: Tell someone else

They can give you their feedback and can hold you accountable. You've got a much better chance of success if you tell others about your goals. Also put your list of goals somewhere you can see it all the time, like on the wall in your room, to remind yourself of where you're headed.

Step 6: Check in frequently to stay on track

Cross off the short and medium term goals as you achieve them and remember it's ok to change your goals if they're no longer working for you.



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When Goals Go Bad

Not all goals are helpful. Be careful of the following:

- Setting goals too high, which means they're destined for failure.
- Having too many goals, especially ones which conflict with each other, can also set you up for a fall. You can't expect to travel the world and achieve your degree in record time all at once.
- Vague goals which aren't backed by a solid plan.
- Becoming obsessed with achieving your goals is also highly uncool.
- Balance is the key, so make sure your goals suit the lifestyle you want to lead and you'll avoid becoming stressed or anxious if things don't go to plan.

Goal Setting Resources:

Healthdirect has some great goal-setting resources and links to others -[read more here](#).

UNSW published [this article](#) on Motivation and Goals.

Asana - the [free version](#) has everything you need.

Google Keep helps you track your to-do lists on the go and [it's free](#).

Stickk helps you make accountable goals and stick to them.

GoalsOnTrack is serious software for serious goals, and it also helps you break goals down into achievable milestones.

Balanced is an [iTunes app](#), which helps you set goals and develop positive behaviours.

Read it on the blog - <http://studyworkgrow.com.au/time-to-set-some-goals/>.

Mrs Ferguson and Mrs Bower



Cherrybrook Technology
High School

Canterbury Jackets

Change of Supplier **SALE**

\$50 Each

Available from Front Office

**Limited sizes, fittings essential!!
No refund or exchange!!**



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Cherrybrook United
Netball Club

PLAY NETBALL IN 2018!

Join Cherrybrook United Netball Club
for the 2018 Winter season

All games
are played at
Pennant Hills
Park

Netta 6-9 yo
Friday night

Juniors 10-15 yo
Saturday morning

Cadets (16/17 yo) & Seniors (+18yo)
Saturday afternoon

Online registrations close 14th February, 2018
SEASON COMMENCES 4/5 MAY 2018

VISIT OUR WEBSITE FOR MORE INFORMATION & FAQs
cherrybrooknc.nsw.netball.com.au
f CHERRYBROOK UNITED NETBALL CLUB



2017-18

jazz at the pines

12.30pm - 4pm
Roughley House at The Pines
656a Old Northern Rd, Dural

2017	17 September.....	Mike Hallam Hot Six
	15 October.....	Bridge City Jazz Band
	19 November.....	Geoff Power Jazz Band
2018	18 February.....	Nigel Hearn Quintet Featuring Valerie King
	18 March.....	Greg Poppleton & the Bakelite Broadcasters
	15 April.....	Riverside Jazz Band
	20 May.....	Zenith Jazz Sextet

\$20 ADULTS \$15 CONCESSION \$40 FAMILY

DISCLAIMER

Advertising in this newsletter is included as a community service. Cherrybrook Technology High School has not tested these products and they should not in any way be seen as an endorsement or recommendation by the school.

CALENDAR - Term 1 Week 2	
Tuesday 6 February	<ul style="list-style-type: none"> • P&C Executive Meeting - 6.30pm, Conference Room • P&C General Meeting - 7.30pm, Staff Common Room
Wednesday 7 February	<ul style="list-style-type: none"> • Year 7/11 Pre Camp Activity
Thursday 8 February	<ul style="list-style-type: none"> • Year 7/11 Pre Camp Activity



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