

DEPUTY PRINCIPAL'S REPORT



Sydney North Swimming Results

Once again, our students were able to produce outstanding results at the Sydney North Swimming Championships. The student results are an indication of the hard work and dedication of our students here at CTHS:

Laura Boll

- 17-19 year old 200m Individual Medley - 1st Place
- 17-19 year old 100m Backstroke - 1st Place

Joanna Ling

- 16 year old 100m Freestyle - 1st Place
- 16 year old 50m Freestyle - 2nd Place

Maddison Stalley

- 16 year old 100m Breaststroke - 2nd Place

Chevonne Kim

- 12 year old 100m Butterfly - 3rd Place

Marius Boll

- 15 Year old 100m Backstroke - 1st Place

Andrew Koh

- 16 year old 100 Backstroke - 1st Place

- 16 year old 100m Butterfly - 1st Place

Students were also successful in the Relay competition:

Girl's 12 Year old 4x100m Freestyle Medley - 2nd Place

- Racheal Yao, Chloe Morris, Charlotte Fletcher-Morrison, Chevonne Kim

Girl's 4 x 50m Medley Relay - 2nd Place

- Laura Boll, Joanne Ling, Courtney Stalley, Jessica Olliver

We would like to congratulate all these students on their achievements and wish them well in the upcoming 2019 NSW Combined High School Swimming Championships.

Year 11 Camp

As Year 11 prepare for the excitement of the camp next week, I would like to remind you that all students are required to be at school by 5.30am, Monday 1 April. Buses will be leaving at 6.00am sharp! Buses will not be waiting for students who are late. Please ensure you are at school by 5.30am.

Appropriate Use of Social Media

Social media has become a powerful tool to communicate. However, it is timely to remember that with this power also comes responsibility to use it sensibly and wisely. Please do not post images, pictures or comments which are inappropriate. If you are considering posting something you would not normally say to someone's face, or you have any doubt, it is best **not** to hit that button. If you are concerned about any images or posts you feel are inappropriate, you can contact the Office of eSafety Commissioner or the police, to express your concerns. When using social media sites please ensure your privacy settings are appropriate to protect your personal information. The Office of eSafety Commissioner has many resources for parents, offering tips and practical steps so you can help your child manage and explore the online world safely. If you would like more information please click on the link provided: <https://esafety.gov.au/education-resources/iparent>

Castle Hill Library

Students using Castle Hill Library are reminded of the correct behaviour and courtesies which must be observed when visiting this venue. You must consider your behaviour as the Library is a public resource and you are representing Cherrybrook Technology High School.

Please ensure noise is kept to a minimum whilst in the library or you may be asked to leave or banned from entering the library in the future.

Mrs Gatt

Achieving Together

Principal: Mr G Johnson
Deputy Principals: Mr M Townsend, Mr B Clements, Mrs A Gatt

Address: 28-44 Purchase Road, Cherrybrook NSW 2126
Phone: 9484 2144
Web: <https://cths.nsw.edu.au/>
Email: cths@cths.nsw.edu.au

Peer Support Training

On Tuesday and Wednesday this week, 126 Year 10 students were taught leadership skills by our Year 11 Peer Support leaders. Empathy, teamwork and resilience were three of the themes as the 46 Year 11 students led activities and discussion groups, in a mature, knowledgeable manner, sharing their experiences as representatives of Cherrybrook Technology High School. The activities drew on ingenuity, creativity and co-operation and Year 10 were active in their participation throughout the two days. The highlight of the program was Year 10 groups' take on the Year 7 camp paper fashion parade, in which two participants from each group were dressed-up according to different themes.

The 2019-2020 Peer Support Leaders will be drawn from the Year 10 participants, who will then continue to work with Year 7 on anti-bullying and resilience, as well as other programs throughout the year. They will also lead the 2020 cohort of Year 7 students at camp. Other Year 10 trainees will be given the opportunity to participate in the Big Sister and Big Buddy mentoring groups for Year 7 students during roll call.

I would like to thank our Year 11 leaders for all of their hard work in Peer Support. Staff, students and the camp leaders at Narrabeen Sport and Recreation all spoke highly of the maturity and dedication this cohort of Peer Support Leaders demonstrated, in their support and enthusiasm whilst working with Year 7 and Year 10, 2019. The Wellbeing Team wish them well in any future leadership adventures to which they may aspire.

In Week 10, Year 8 will continue to develop their understanding of the importance of mental health and wellbeing as part of the *Beautiful Minds* program. Year 8 will continue the journey which started in Year 7, examining the importance of self-esteem, positive relationships and emotional and physical wellbeing.

The Year 10 *Barista program* will continue to train students in coffee-making and art skills in Term 2. Twenty students will attend the training day at the Australian Barista School in Sydney and will then gain work experience operating the staff barista machine each morning. Two more groups will be trained in Terms 3 and 4. In Term 4 we will be asking Year 9 candidates to apply for this program for 2020.

Mr Hind



Interschool Chess Tournament

Congratulations to Shanay Panicker, an avid chess player in Year 7, who recently achieved First Place at the Interschool Chess Tournament run by the Sydney Academy of Chess. Shanay competed individually against students up to Year 12, from a range of schools across Sydney. Well done Shanay, what an outstanding achievement!

Ms Eathorne and Mr Bracken



Careers Update

Universities Update:

Applying for University in 2020

UAC Applications are opening 3 April

You are able to apply for Undergraduate and International as well as Schools Recommendation Schemes, Educational Access Schemes and Equity Scholarships. [Read more.](#)

Macquarie University, Year 12 information Evening, Wednesday 1 May

We'll take you through our early entry program, courses, scholarships, pathway options and give you the opportunity to speak one-on-one with course advisers. Parents are encouraged to attend. 5:30-8:00pm, Macquarie University Campus. Register for expression of interest at mq.edu.au/study/high-school-students/events

CSU Open Days

New in 2019! Discover everything we have to offer. Step inside our state-of-the-art facilities, meet our teaching staff and get a real taste of university life. Whether you're choosing your first degree or moving into postgraduate study, visit us at Open Day and see where CSU can take you.

Open Day dates for 2019 are:

- Bathurst - Sunday 4 August
 - Wagga Wagga - Sunday 11 August
 - Albury-Wodonga - Sunday 18 August
 - Port Macquarie - Sunday 25 August
 - Dubbo - Friday 30 August
 - Orange - Friday 6 September
- <https://futurestudents.csu.edu.au/unilife/social/events>

April Holiday Workshops:

AIE Gaming and VR April School Holiday Courses

- 9.30am until 4.30pm.
 - All participants will receive a certificate of completion.
 - Students are encouraged to bring a USB stick to save their work.
 - For more information on any of these courses please contact our Student Liaison Officer on **02 8514 8800** or email us at sydney@aie.edu.au
- <https://aie.edu.au/course/sydney-holiday-courses/>



Work Experience:

The following article provides valuable tips and contact suggestions for securing work experience which is a valuable part of the Year 10 Vocational Education program at Cherrybrook Technology High School.

<https://successatschool.org/advisedetails/506/Work-Experience-Ideas>

Mrs Bower and Mrs Ferguson



Royal Institute for Deaf and Blind Children

BOOK, TOY & MUSIC FAIR

2019

ridbc.org.au/bookfair

Now over
4 HUGE DAYS

THURSDAY TO SUNDAY
11 - 14 APRIL
2019

FREE Entry

RIDBC NORTH ROCKS
361-365 NORTH ROCKS RD

8 AM - **3** PM

THOUSANDS of books, toys, DVDs, CDs & records to buy!



Help us raise funds to support people with vision or hearing loss!

Proudly supported by:

RIDBC Abstract Committee



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LEARN FROM **TWO TEDX** SPEAKERS!!



COURAGE THROUGH PUBLIC SPEAKING YEARS 3 & 4

You will learn:

- How to have fun and be courageous.
- How to feel confident when feeling nervous.

13TH - 14TH APRIL



RESILIENCE THROUGH PUBLIC SPEAKING YEARS 5 & 6

You will learn:

- How to build your resilience for high school.
- To use your voice and posture effectively.

15TH - 16TH APRIL



CONFIDENCE THROUGH PUBLIC SPEAKING YEARS 7 - 9

You will learn:

- How to influence.
- How to create your own unique voice.

4TH- 5TH MAY

**ACADEMY
OF SPEAKERS**
 Normanhurst Boys High School
www.academyofspeakers.com

**BOOK FOR TERM 1
HOLIDAYS!**
ON: eventbrite



CALENDAR - Term 1 Week 10A	
Monday 1 April	<ul style="list-style-type: none"> • Year 11 Camp
Tuesday 2 April	<ul style="list-style-type: none"> • Year 11 Camp • Making History Leather-craft Excursion • Knockout Sport - Boys' 15 Soccer • Knockout Sport - Girls' 15 Soccer
Wednesday 3 April	<ul style="list-style-type: none"> • Year 11 Camp • Making History Leather-craft Excursion • Morrisby Parent Info Meeting - MPC, 7-8pm
Thursday 4 April	<ul style="list-style-type: none"> • Year 7 Gala Day • Year 11 Camp
Friday 5 April	<ul style="list-style-type: none"> • Year 11 Camp • Year 8 'Beautiful Minds' • Year 12 AP3 Exams end
Saturday 6 April	<ul style="list-style-type: none"> • NSWCHS Swimming