

Week 2B Term 4 23 October 2020

DEPUTY PRINCIPAL'S REPORT



Higher School Certificate Commences

The 2020 Higher School Certificate commenced on Tuesday 20 October under very different circumstances than usual. We would like to wish all our Year 12 students the best of luck for their exams and remind them, help is never very far away should you need it. If you have questions or need support please do not hesitate to contact Ms Adamou, Stage 6 Head Teacher, as your first point of contact.

Our students, as always, have met the challenge head on and are working extremely hard. We are all proud of your efforts and your perseverance through this challenging time.

Year 11 into 12 Evening

The Year 11 into 12 Evening will be held on Tuesday 27 October starting at 7.00pm via an online linkup which will be sent shortly. The evening will provide essential information for parents and students as they transition into Year 12. All parents, who have a child transitioning to Year 12, will receive an email inviting you to view this meeting. Please join us, your participation in this evening is strongly encouraged to help support your child going into their HSC year.

Changes to School Development Days in 2021

At the commencement of 2021, there will be amendments to our School Development Days (SDD). These amendments will impact Terms 1 and 4. but will have no impact on Terms 2 and 3. As a result of the changes, we will no longer have two Staff Development Days at the end of Term 4. The 2021 school year will commence with two Staff Development Days.

School Camps 2021

As you are aware, both our Stage 5 and 6 camps were cancelled this year due to the impact of COIVD-19. The school has been able to secure new dates in 2021 for these camps. Unfortunately, this is not the case for our Year 7 camp, which will not be running in 2021. However, we are looking at providing some very unique, interesting and engaging opportunities for our new Year 7 students to participate in. More information about this, as well as the upcoming camps for Year 9 and Year 11, will be provided soon.

Staff Development Day

All teachers participated in our final Staff Development Day twilight session on Monday 19 October. There was a particular focus on reflection and evaluation by our teaching staff who all completed a survey, 'What Works Best'. This survey seeks baseline data which will inform our planning and priorities for our next school planning cycle. It focussed on eight themes: High Expectations, Explicit Teaching, Effective Feedback, Use of Data to Inform Practice, Assessment, Classroom Management, Wellbeing and Collaboration, all things which contribute to quality teaching and learning.

Year 12 Graduation Ceremony Link

The link to the recording of the Year 12 Graduation Ceremony was emailed to all Year 12 parents on Monday of this week. If you have not received this link and would like to view the Graduation Ceremony, please contact Mr Fisher via email, matthew.fisher12@det.nsw.edu.au.

New Lunchtime Club, 'Hang-out Club'

Starting in Week 4 of this term, we will be introducing a new lunch club called 'Hang-out Club'; a place to bring a friend, play a game, meet new friends, chat and relax. Mrs Sharkie, our Student Support Officer, will be taking the club in J1.7 each Tuesday and is eager to hear from students about what activities they might like included in the club for 2021. Mrs Sharkie is part of the Wellbeing Team and is located in the Student Services Block.

End of Year Arrangements

A reminder to all parents, school will conclude on Wednesday 16 December 2020 at the end of period 4. Following period 4, students will attend a short assembly from which they will be dismissed for the summer holidays, at approximately 12.30pm. Any parent who needs their child supervised until 3.00pm on Wednesday 16 December should contact the school by emailing cths@cths.nsw.edu.au so the school can accommodate this.

Achieving Together

Principal: Mr G Johnson Mr M Townsend, Mr B Clements, Mrs A Gatt **Deputy Principals:**

Address: 28-44 Purchase Road, Cherrybrook NSW 2126 Phone:

9484 2144

Web: https://cths.nsw.edu.au/ Email: cths@cths.nsw.edu.au

2020 HSC Commences





Communication Tips for Parent

The following information has been taken from Reachout. This website is a valuable resource for parents, carers and young people to help inform and guide those difficult conversations. If you would like more information please use the following link: https://au.reachout.com/.

Effective Communication with Teenagers for Parents

It's often said communication is the key to a healthy relationship. While it might sound like tired advice, it's a skill worth learning which will help us improve all our relationships. As your child grows up, the way you communicate with them will need to change to reflect the new boundaries in your relationship created by their increasing independence. Discovering these new and different approaches to communicating effectively with one another will be a learning experience for you both. Effective communication with your teenager can help you both feel happier and more connected in your relationship, as well as more confident about having difficult conversations and resolving conflicts.

Effective communication can help if:

- You feel disconnected from your child
- You and your child don't speak
- · You want to encourage your child to talk about what's going on for them
- · You want to improve your relationship with your child.

What is effective communication?

You and your child are communicating effectively when:

- · You both feel able to talk freely about your feelings, and you feel heard and understood
- You talk about all the little stuff, and you feel comfortable talking about the tough stuff when you need to
- You have a close and easy way of sharing things, and you both know you won't be judged because you love and care about each other.

Communicating with teens can sometimes be difficult in busy households, as it's easy to overlook making time and space in your day to have a really good talk with your child and find out what's going on in their life.

When your child no longer depends on you as much as they once did, it's harder to know everything which is going on in their lives, as the communication between parents and teenagers seems to decrease. They are more independent, so you have to make time to check in with them to find out how they're going.

Why is effective communication important?

Your relationship is changing, so you have to be flexible and able to change with your child. However, don't ever think they need you any less as a good sounding board. During adolescence, they need you just as much as they ever did. The best way to support them is by making sure they'll come to you with any problems they're having. That's why effective communication is so important.

What can help in communicating effectively with your child?

Here are some tips which can help you have positive and constructive conversations with your child:

- Being genuinely interested and curious about what your child is telling you
- Giving them your undivided attention
- Show empathy, ie put yourself in your child's shoes
- · Avoid just giving them instructions or unsolicited advice
- Choose a quiet space without distractions for important conversations.



Barriers to effective communication

Try to minimise the following, which act as barriers to effective communication:

- Interruptions and distractions, which can make it seem like you're not interested in what your child is saying
- Jumping in with advice rather than listening to what your child has to say
- Judging what your child has to say and not validating their point of view
- Interrogating your child by firing questions at them.

Career Mentoring Wrap-up

The final Career Mentoring Breakfast and evaluation took place on Friday of last week via Zoom. We would like to thank the Careers staff for their time and effort in making this Mentoring Program a reality. We would also like to thank the Mentors for giving up their time to support and mentor our students. The mentoring process has given our students a unique insight into an industry they may wish to pursue as a career in the future.

Mrs Gatt







Year 7 Sustainable Writing Panel

What do sensor taps, beeswax, bush walks and cake stalls have in common? They were all the pitches which Year 7 made to create a more sustainable school.

During Term 3, 7E and 7O were investigating the sustainable practices of the school and how it should be improved. The goal by the end of the term was to come up with ways to improve the school's use of water, electricity and other valuable resources during their English lessons, then the best groups from each class would present to a panel in Term 4. We learnt about professional writing, research skills, structured arguments and budgeting.

Everyone had a fun time learning about our environment and how each day, people are slowly destroying our environment and how that can be stopped. People also enjoyed learning about budget reports and Mr Fisher enjoyed answering the many emails which bombarded him. Each group had really amazing ideas to make our school more sustainable.

On 23 October, eight groups fronted the panel of Mr Fisher and Mr Woo, presenting their great ideas. The final winners were Trinity, Aidan and David, as well as Sophie, Natalie, Saanvi and Sharvi. Thank you, Ms Ormiston, for this great learning experience.

Nathaniel Prijatna, Year 7

Ms Ormiston, English Teacher



We have the winners of our first draw of the Student and Staff Book Picks. The \$20 vouchers are being enjoyed by Amirthan Thiruarrenkan (Year 7) who recommended *Vermonia: Battle for the Turtle Realm* and Aarushi Ramanan (Year 8) who recommended *Little Women*. This is an ongoing 'competition', so keep reading and recommending something from our Library.

The now well-established Year 7 Literary Festival will be held on Monday 23 November. This is an incursion for all Year 7 students. Permission notes will be sent out soon. The Authors, Poets and Illustrators performing and presenting workshops at the 2020 extravaganza are:

James Knight, Will Kostakis, James Roy, Mary Burroughs and Phillip Gwynne - Authors Gus Gordon, Matthew Lin and Beth Macdonald - Illustrators Ethan Bell, Aishah Ali and Ayeesha Ash - Poets

Mick Elliott and Oliver Phommavanh - Author and Illustrators

Start reading their works so you can question them when they stand before you!

Ms Halder and Ms Sorensen

Sports Report

Hi everyone

We hope you all had an enjoyable holiday break and are keen to get back into learning and Sport here at CTHS. As always, keep an eye on the Daily Notices and Sport notice boards for updates!

Year 7 and 8 Sport

On Wednesday, we hosted our first Futsal Competition for Year 7 and 8, which was a huge success. With close to 40 students participating, it was awesome to see everyone having fun and representing their Houses. We are aiming to have another competition in Week 7 of Term 4.

Be sure to check the sign-up link and Sport selection below, for future lunchtime competitions.

https://docs.google.com/forms/d/e/1FAlpQLSe 8-yXCJDLanmWNEbLHVl58She1wQ 8pK4LDcoApUaDeYErQ/viewform?vc=0&c=0&w=1&flr=0





A-League Star

A-League team, Adelaide United, has just announced its two-year contract deal with former student, Joe Calleti. We congratulate him on such an outstanding achievement and wish him the best of luck with his future seasons at the club!

Maddi and Zac, Sports Captains

CAREERS UPDATE

National Careers Institute's School Leavers Information Service

The NCI has set up the School Leavers Information Service. This is a free support to help navigate the School Leavers Information Kit and the NCI's Your Career website as well as an opportunity to engage with a personalised career guidance session with a qualified career practitioner for up to 45 minutes. You can contact the service by phone on 1800 CAREER (1800 227 337), by texting 'SLIS2020' to 0429 009 435 or by email at schoolleavers.nci@dese.gov.au. You can visit the School Leavers Information Kit at www.YourCareer.gov.au/school-leavers-support.

UNSW Engineering Guaranteed Entry (GE) Changes and Faculty of Engineering Admission Scheme (FEAS)

To recognise the hard work and resilience of students throughout COVID-19 and to maximise their educational opportunities, the Guaranteed Entry (GE) rank for most Engineering degrees at UNSW has been adjusted from 93 to 91 for 2021 admission. Applications are also open for the Faculty of Engineering Admission Scheme (FEAS) www.unsw.to/feas which considers a student's aptitude for Engineering.



Meet Ten People in the Event Industry

We asked 10 young people who have found a home in the exhibition and event industry to tell us about their career and what makes the industry so appealing. Through their eyes you can see why many who enter the industry never leave. It's a global industry that can take you all around the world, while small enough that you feel part of our family and team.

https://eeaa.com.au/what-we-do/our-campaigns/a-career-for-life/10-people-10-different-careers/

Survey of Parents' Attitudes Towards VET

Australian Apprenticeships and Traineeships Information Service's (AATIS) latest project aims to understand how parents influence young people about career choices so we can provide better information about how they can help young people make the most informed career decisions. As part of this research project, AATIS is seeking parents, to take a short survey to understand their perceptions of VET. Please visit and complete the online survey here.

Tips to Prepare for a Summer Job

The end of the year is fast approaching, and you might be looking for a way to earn some extra cash over the school holidays. A summer job can be a great way to boost your skills, gain independence and get your foot in the door for future work opportunities. Study Work Grow have written a blog with some top tips to help you score a summer job.



HOSPITALITY TAFE YES COURSE

Kyan, Diwash, Rachel, Jasmine and Caroline (pictured left) of Year 10 were chosen to take part in a Youth Engagement Strategy (YES) course at Baulkham Hills TAFE for eight days. The YES course is a partnership with TAFE and the Department of Education to help students engage with learning in a hands-on environment.

Our students were given simulated workplace experiences in a commercial kitchen and café settings. They were given insights about the job and training required for a career in hospitality. Our Year 10 students wish to use their new skills to help them obtain parttime jobs.









FEATURED ROLE: CHILDREN'S SERVICES TRAINEESHIP

Mt Colah Preschool Kindergarten are looking to fill a traineeship position for Children's Services (Certificate III) for 2021. You will be able to complete fulltime work whilst receiving on-the-job training. The position is for a period of twelve months. Applicants must be at least 18 years of age. Interested students should email their resume or further enquiries to annette@freelancer.net.au.

Visit the Job Vacancies page on the CTHS Careers website for the latest postings https://cthscareers.com/job-vacancies.





Career Pathways with Coles

At Coles Group, we're committed to attracting and employing people who represent the communities we work in. Throughout the recruitment process, we provide support for candidates to make sure nobody is disadvantaged.

If you're interested in a great career with Coles Group, across any of our brands or functions, we'd love you to apply. Visit https://www.colescareers.com.au/why-work-with-us for more information.

How to Apply for a Job at Woolworths

We have developed the following 'how to' guides to support external job seekers through our application process. All current Woolworths employees are asked to apply for positions through the WOW Careers internal website only. Don't forget to visit our <u>questions and answers</u> page should you have any further queries about working with us. Head to our careers website <u>here</u>.



Traineeships Open to 2020 school leavers!

Applications close 16 November. Calling 2020 school leavers who are 18 years old (or turning 18)! Obtain your Certificate III in Individual Support (Disability), Individual Support (Ageing) or Business Administration while gaining on-the-job experience! Located throughout regional NSW, LiveBetter provides a diverse range of services to the elderly, people with disabilities and their families, carers, and children and families. For more information and to apply, go to https://livebetter.org.au/school-leaver-traineeships/.

Discover Western: Preparing for Year 12 2021 - Thursday 29 October at 5pm

For Year 11 students going into Year 12 in 2021. Want help with how to get through Year 12? This session includes advice on choosing the right subjects for your dream Uni course and career. We will also provide tips on study skills and stress management to help you through Year 12. Register here.







The one-stop shop for everything TAFE NSW

So many tools, so many resources! Make sure you check out the new TAFE NSW Online Resource to guide and inform you about your study and career options. It's also a great resource for parents. Visit https://www.tafensw.edu.au/documents/60140/60957/CAA-Online-Resources-flyer-A4-v10.pdf.

2021 Career Mentoring Program

Expressions of interest are now open for Year 10 students wishing to participate in the Career Mentoring Program. Students who are successful in their application, will be matched with a Mentor from the community, based on their career and life interests. The Mentors will help students develop the knowledge, skills and experiences associated with their chosen field. Responses to this expression of interest should be submitted by Friday 6 November via the online form here. If you are interested in becoming a Mentor for the 2021 Program (or beyond) and would like more details about it, you can download the brochure here.

CTHS Careers Advisers

The CTHS Careers Advisers are available for Zoom interview meetings with both students and parents. You can arrange a meeting by emailing Mrs Ferguson, christine.ferguson@det.nsw.edu.au or Ms Tenedora, franchesca.tenedora3@det.nsw.edu.au.

Mrs Ferguson and Ms Tenedora

Parking and traffic rules in school zones

You need to take extra care when driving and parking in school zones. Make sure that you and your child understand the road rules. If you break the traffic rules in a school zone you are putting not only your child but other children at risk. The parking and traffic rules around our schools are there to protect your children. If you break the rules you will be fined. **Please choose safety over convenience.**

QUICK REFERENCE GUIDE TO IMPORTANT SAFETY TRAFFIC RULES				
ZONE	WHAT DOES IT MEAN?	WHY IS IT THERE?	PENALTY	DEMERIT POINTS*
NO STOPPING	You cannot stop in a NO STOPPING zone for any reason (including queuing or waiting for a space).	Keeps clear sight lines between drivers and children / pedestrians.	\$344 (S)	(School Zone) 2
₽	You can stop in a NO PARKING zone for a max. of two minutes to drop off and pick up passengers. If no spaces are available you cannot queue on the road way or in any other zones while waiting for a space. You will need to drive away and park elsewhere, only returning when there is space to pull up. You must stay within 3 metres of your vehicle at all times and cannot leave your vehicle unattended.	Provides a safe place for children / pedestrian set down and pick up.	\$191 (S)	(School Zone) 2
BUS ZONE	You must not stop or park in a BUS ZONE for any reason (including queuing or waiting for a space) unless you are driving a bus. If times are shown on the sign, you are not allowed to stop during those times.	Provides a safe place for large buses to set down and pick up school children.	\$344	(School Zone) 2
	You must not stop on or within 20 metres before a PEDESTRIAN CROSSING or 10 metres after a crossing unless there is a control sign permitting parking.	So drivers can clearly see pedestrians on the crossing.	\$457	(School Zone) 2
X	DOUBLE PARKING You must not stop on the road adjacent to another vehicle at any time even to drop off or pick up passengers.	Double parking blocks visibility and forces other cars to go around you.	\$344 (S)	(School Zone) 2
¥ 43	You must not stop on any FOOTPATH or NATURE STRIP , or even a DRIVEWAY crossing a footpath or nature strip for any reason.	You could easily run over a child or force pedestrians onto the road to get around you.	\$344 (S)	(School Zone) 2

Please note: The above information is current as of 1 July 2019. Penalties set by NSW State Government and reviewed on 1 July each year.

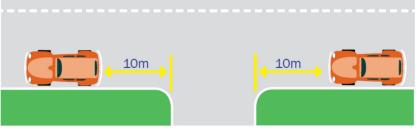




Parking Rules

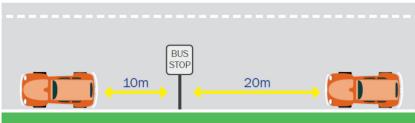
Please park safely and legally on the streets around your school. Park legally so you do not incur parking fines and demerit points. Council's Traffic Compliance Officers enforce parking around schools. If you park contrary to the road rules you will be fined!

You cannot stop or park your vehicle:



Within 10m of an intersecting road at an intersection without traffic lights (20m with traffic lights), unless a sign states you can park there (see image at left).

PENALTIES FROM: \$344
Demerit Points apply



Within 20m before and 10m after a bus stop (see image)

PENALTIES FROM: \$268
Demerit Points apply in School Zone

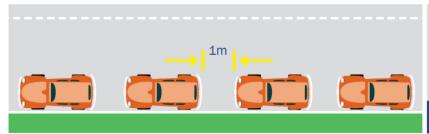
Parallel parking

This is the usual way to park unless signs tell you otherwise. You must park in the same direction as the adjacent traffic and parallel and as close as possible to the kerb.



You can NOT park across driveways or pedestrian kerb ramps. A vehicle can be parked up to the wings on the driveways or ramp (see image)

PENALTIES FROM: \$268
Demerit Points apply in School Zone



You should park at least one metre from any other parked vehicle and entirely within any marked parking lines where provided (see image)

PENALTIES FROM: \$114



For a list of all school zone driving and parking offences in New South Wales visit: https://www.rms.nsw.gov.au/documents/roads/safety-rules/demerits-school.pdf

This is a road safety initiative developed by Hornsby Shire Council

Parking Rules

No Parking Zone

- Drivers may stop in this zone to drop off or pick up passengers or goods for a maximum of 2 minutes.
- The driver MUST remain in or within 3 metres of the vehicle at all times.
- The vehicle must not be left unattended.
- If times of operation are shown on the sign, the restriction only applies during the times shown.
- No Parking zones can also be used to drop off and pick up children.





Penalty: \$114 or \$344 in School Zone + 2 Demerit Points

Bus Zones

- Drivers are not permitted to stop within a bus zone at any time.
- If times of operation are shown on the sign, the restriction only applies during the times shown.

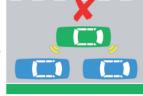




Penalty: \$268 or \$344 in School Zone + 2 Demerit Points

Double Parking

 Drivers are not permitted to stop or park between the centre of the road and another vehicle that is parked at the side of the road.



Double parking decreases
 visibility for motorists and
 pedestrians, and significantly
 reduces road safety around schools.

Penalty: \$268 or \$344 in School Zone + 2 Demerit Points

No Stopping Zone

- Stopping is not permitted at any time.
- If times of operation are shown on the sign, the restriction only applies during the times shown.



Penalty: \$268 or \$344 in School Zone + 2 Demerit Points

LEGAL DISCLAIMER:

This document is produced as a guide only. Council takes no responsibility for any damage sustained to vehicles when parked in local streets. It is the responsibility of the driver to be aware of traffic regulations and parking restrictions when parking a vehicle and Council reserves its right to issue Penalty Infringements Notices in circumstances where traffic regulations or parking restrictions have been violated.

Safe Walking Tips

- · Always use pedestrian crossings.
- Never assume that a driver can see you or will stop for you. Their vision may be affected by the sun, poor light, parked cars or other distractions.
- Remember that drivers take longer than usual to stop in the rain or on a wet road.
- At intersections, check for turning vehicles before you leave the footpath and while you are crossing the road.
- Children up to ten years old should hold an adult's hand in the car park, on the footpath and when crossing the road.
- Avoid using a mobile phone, head phones or other device while you are crossing the road.
- Watch out for bicycles.



This is a road safety initiative developed by Hornsby Shire Council

SCHOOL ZONE



Term 4, 2020



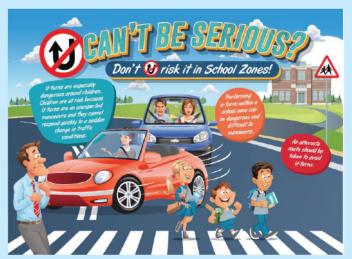
With the end of year approaching, our lives get busier planning for holidays and celebrations. Please be mindful to take some time to focus on slowing down while out and about on the roads.

Take responsibility for your actions, and remember, road safety starts with you.

U-turns in School Zones

Maximum penalty in a School Zone: \$457 + 4 demerit points

Performing a U-turn, or a three-point-turn, in a school zone can be dangerous and is strongly discouraged. Instead, find an alternative route. There is no amount of time-saving that warrants the serious risk these manoeuvres pose to children and other pedestrians and road users.



Remember! Road safety starts with you. Take responsibility for your actions.

Drivers are not allowed to make a U-turn:

- at an intersection without traffic lights where a 'no U-turn' sign is displayed,
- at a break in a driving strip where a 'no U-turn' sign is displayed,
- · across any of the following:



1. a single continuous dividing line.



2. a single continuous dividing line to the left of a broken line.

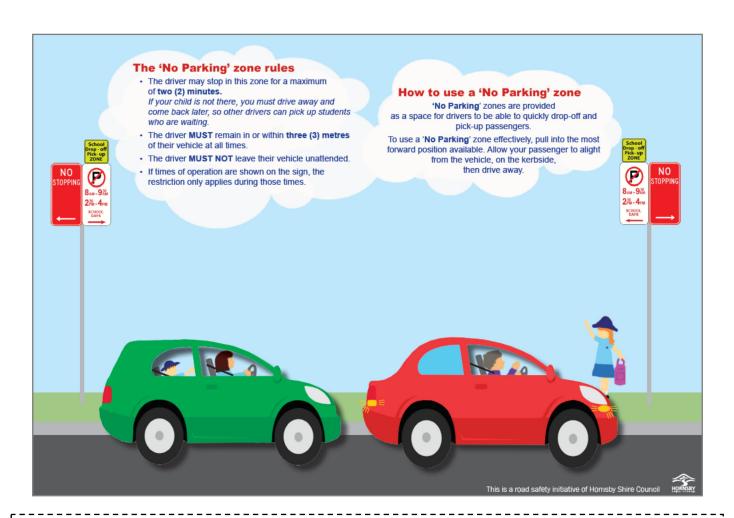


two parallel continous dividing lines.





Model safe and considerate behaviour for your child - they will learn from you!



COVID-19 Procedure for Early Leave

If a student needs to leave school early, they **must** provide a note from their parent/carer giving reasons for the partial absence. Students must **hand the note** in to the **student window before 8.30am** where they will be issued with a leave pass. They then present this pass to their teacher and leave school at the appropriate time.

Due to the recent COVID-19 directive from the NSW Premier, Gladys Berejiklian, parents/carers are NOT permitted on school grounds unless they have a prearranged appointment. Therefore, please arrange to collect your child from outside the school.

On Thursdays, if you have sport, you **MUST** have your early leave note signed off by a member of the PDHPE staff before presenting to the office.

CALENDAR - Term 4 Week 3A			
Monday 26 October	Year 8 Valid Tests start L'Oreal, Girls in Science Virtual Event on Climate Change		
Tuesday 27 October	Year 11 into 12 Information Night (Livestreamed) 7pm		
Thursday 29 October	Barista Training		
Friday 30 October	● Barista Training		